

DONALD H. LALONDE, M.D., FRCSC
Curriculum Vitae

BORN: September 29, 1953, Sudbury, Ontario, Canada

MARITAL STATUS: Married – Jan Lalonde

HOME ADDRESS: 88 Park Drive
Rothesay, New Brunswick Canada E2H 1A8

HOME PHONE: (506) 849-6307

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Saint John, New Brunswick Canada E2K 1J5

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CITIZENSHIP: Canadian

LANGUAGES: English, French, Spanish (oral)

EDUCATION: Queen’s University
Kingston, Ontario Canada
Degree - Honors B.Sc. Life Sciences 1975

Queens’s University
Kingston, Ontario Canada
Degree – MD 1979

McGill University
Montreal, Quebec Canada
Degree – M.Sc., Experimental Surgery 1982

McGill University
Montreal, Quebec Canada
Degree – FRCSC, Plastic Surgery 1984

**BOARD
CERTIFICATION:**

Royal College of Physicians and Surgeons of Canada
04/12/84

Quebec College of Physicians and Surgeons 30/11/84
(#10172)

Diplomate, American Board of Plastic Surgery 13/11/88
(#3578)

Diplomate, American Board of Plastic Surgery
Hand Surgery 31/08/92 (#203)

Diplomate, American Board of Plastic Surgery
Hand Surgery Recertification 28/08/00

Diplomate, American Board of Plastic Surgery
Recertification 10/07/03

Diplomate, American Board of Plastic Surgery
Hand Surgery Recertification 09/10/12

LICENSURE:

Province of New Brunswick, No.488

HONORS AND AWARDS:

1. First place highest mark prize Queen's University Surgery third year, 1978.
2. Professor's Prize in Pediatrics, Queen's University, Kingston Ontario, 1978.
3. Fellow, Canadian Medical Research Council, 1981 – 82.
4. Best Resident Paper, Quebec Association of Plastic Surgeons, 1983.
5. Best Resident Paper, Plastic Surgery Senior Residents Conference, Plastic Surgery Educational Foundation, American Society of Plastic and Reconstructive Surgery, San Francisco, California, 1984.
6. Excellence in Teaching Award, Professional Association of Residents Maritime Provinces, 1998.

7. Best Poster, Department of Surgery, Research Day, Dalhousie University, Halifax Nova Scotia, 1998.
8. Best Scientific Paper “The No Vertical Scar Breast Reduction; A Good Alternative to the T-Scar Inferior Pedicle Breast Reduction”, Canadian Journal of Plastic Surgery, Canadian Society of Plastic Surgeons Annual Meeting, Montreal, 1999.
9. Best Journal Scientific Paper “Free Flap Monitoring Using an Implantable Doppler Probe”, Canadian Journal of Plastic Surgery, can J Plast Surg:9(6):233-38, November/December 2001.
10. Best Resident Paper “Carpal Tunnel Syndrome and the Workman’s Compensation Board”, Atlantic Society of Plastic Surgeons Annual Meeting, Halifax, Nova Scotia, 2003.
11. Best Paper CSCI-CIHR award “Phentolamine Reversal of Adrenaline in the Fingers”, Faculty of Medicine Research Day, Dalhousie University, Halifax, Nova Scotia, 2003.
12. Order of Merit, New Brunswick Medical Society, September 2003.
13. Best Resident Presentation, “How Sterile Are Non-Sterile Dressings?” Atlantic Society of Plastic Surgeons Annual Meeting, Digby, Nova Scotia, 2004.
14. Best Paper, “A Detailed Cost and Efficiency Analysis of Performing Carpal Tunnel Surgery in the Main Operating Room versus the Ambulatory Setting” American Association for Hand Surgery, Puerto Rico, January 2007.
15. J. F. Murray Award, Excellence in Hand Surgery Paper, “Wide Awake Approach To Dupuytren’s Disease” MANUS Canada Annual Meeting, St. John’s, Newfoundland, June 2008.
16. Specialist of the Year Atlantic Provinces Award, Royal College of Physicians and Surgeons of Canada, October 2008.
17. Presidential Award, American Society of Plastic Surgeons, 2009.
18. American Society of Surgery of the Hand Visiting Professor 2009.
19. American Society of Plastic Surgeons Visiting Professor 2010-2011.
20. Department of Emergency Medicine Residents, “Best Teacher Award” Dalhousie University, May 25, 2012.

21. Specialist Physician of the Year Teaching Award, Dalhousie Family Medicine June 14, 2013.
22. Brazilian Society of Hand Surgery Honorary Member 2014.
23. PRS Global Open Best Paper Award Best International Collaboration – Bronze Award 2014.
24. Health Volunteers Overseas Golden Apple Award, April 2015.
25. Canadian Society of Plastic Surgeons Presidents Medal, June 2015.
26. American Society of Hand Therapists, Honorary Member, October 2015.
27. Dalhousie University, Halifax Nova Scotian, Dr. Donald H. Lalonde Plastic Surgery Annual Education Day, 2017.
28. Canadian Medical Association, FNG Starr Award, August 2017.
29. University of New Brunswick Honorary Doctor of Science Degree, October 20, 2017.
30. Plastic and Reconstructive Surgery Global Open Best Video Award 2017.

FACULTY
APPOINTMENTS:

Lecturer
Department of Surgery
Dalhousie University Medical School, Halifax, Nova Scotia
1985 – 1990

Assistant Professor of Surgery
Department of Surgery
Dalhousie University Medical School, Halifax, Nova Scotia
1991 -1996

Associate Professor of Surgery
Department of Surgery
Dalhousie University Medical School, Halifax, Nova Scotia
1997 – 2003

Professor of Surgery
Department of Surgery
Dalhousie University Medical School, Halifax, Nova Scotia
2003 – Present

Residency Coordinator
Department of Plastic Surgery
Dalhousie University, Saint John, New Brunswick Campus
1997 – 2016

Chairman Resident Research Committee
Department of Plastic Surgery
Dalhousie University, Halifax, Nova Scotia
2006 – Present

**HOSPITAL
APPOINTMENTS:**

Attending Plastic Surgeon
Saint John Regional Hospital, Saint John, New Brunswick
1984 – Present

Attending Plastic Surgeon
St. Joseph's Hospital, Saint John, New Brunswick
1984 – Present

Attending Plastic Surgeon
Sussex Community Health Centre, Sussex, New Brunswick
1984 – Present

**ADMINISTRATIVE
APPOINTMENTS:**

Saint John Regional Hospital
Chairman, Day Surgery, 1988 - 1993
Chairman, Ethical Review Committee, 1985 – 1990
Laser Utilization Committee, 1985 – 1988
Operating Room Committee, 1988 – 1993
Intensive Care Utilization Committee, 1996
Chairman, Infection Control Committee, 1997 – 2000
Ambulatory Care Committee, 2006 – Present
Surgical Group Committee, 2006 – 2010
Chief, Department of Plastic Surgery, 2006 – July 2016

St. Joseph's Hospital

Chairman, Ambulatory Care Committee, 1985 – 1990

Member, Comprehensive Breast Health Committee, 1999 - Present

Dalhousie University

Department of Surgery, Research Committee 1992 -1993

Department of Surgery, Special Promotions Review 1993

Department of Plastic Surgery, Resident Program 1997 – 2015

New Brunswick Medical Society

Chairman, New Surgical Services Committee 1989 -1992

Chairman, Medical Assessment Advisory Committee 1996 – 2004

The Royal College of Physicians and Surgeons of Canada

Examiner, Plastic Surgery, 1996 - 2004

Vice Chairman, Examination Board, Plastic Surgery 1999 -2001

Chairman, Examination Board, Plastic Surgery 2002 -2004

Founding Chairman, Exam Development Committee 1998 -2002

Member, Plastic Surgery Specialty Committee 1999 - 2004

Chairman, Plastic Surgery Specialty Committee 2004 – 2010

Member, Evaluation Committee 2002 – 2010

Surveyor, Accreditation Committee 2004 -2008

MEMBERSHIPS:

Canadian Medical Association

Canadian Medical Protective Association

New Brunswick Medical Society

Canadian Society of Plastic Surgeons (CSPS)

Canadian Society for Surgery of the Hand

American Society of Plastic Surgeons (ASPS)

Bermuda Medical Society (1996 – 2006)

American Association of Plastic Surgeons (AAPS)

American Society of Reconstructive Microsurgery (ASRM)

American Association for Hand Surgery (AAHS)

International Confederation of Plastic, Reconstructive
and Aesthetic Surgery (IPRAS)

MANUS Canada

International Federation of Societies for Surgery of the Hand

American Society for Surgery of the Hand (ASSH)

American Society for Aesthetic Plastic Surgery (ASAPS)

American Association for Orthopedic Surgery (AAOS)

Brazilian Society for Surgery of the Hand (*Honorary Member*)

Northwest Society of Plastic Surgeons (*Honorary Member*)

American Society of Hand Therapists (*Honorary Member*)

Columbian Society for Surgery of the Hand (*Corresponding
Member*)

OFFICES HELD:

Canadian Society of Plastic Surgeons

Chairman, Organizing Committee, 2001 – 2002
Member, Scientific Committee, 2001
Director, Public Relations, 2001 – 2005
Vice- President, 2005 – 2006
President, 2006 – 2007

American Association for Hand Surgery

Parliamentarian, 2008 -2009
Director-at-Large Junior, 2009 -2011
Chairman, Bylaws Committee, 2008 – 2009
Chairman, HAND Journal Committee, 2009-2011
Vice-President, 2011-2012
President-Elect, 2012-2013
President, 2013-2014

American Association of Plastic Surgeons

Member, Awards Committee, 2006 - 2008
Member, Program Committee, 2008 – 2010
Trustee
Member Ethics Committee, 2012 - 2014

American Society of Plastic Surgeons

Member, Ethics Committee, 2004 – 2006
Chairman, Ethics Committee, 2007 -2008
Member, Judicial Council, 2009- 2012
AAHS Representative, Board of Directors, 2011-2012
Member, Journal Business Organizing Committee, 2009-2012
ASPS Board of Directors 2011-2013
Chairman, Judicial Council, 2011-2012
ABPS Representative, Academic Affairs Council, 2011- 2013
Trustee 2013

American Board of Plastic Surgery

Guest Examiner, 1999 – 2004
Senior Examiner, 2005 - Present
Director, 2005 – 2011
Member, Written Exam Committee, 2005 – 2012
Member, Advisory Council, 2005 - 2010
Chairman Maintenance of Certification, 2007 – 2012
Member, Executive Committee, 2007 – 2012
Member, Finance Committee, 2007 – 2012
Officer, Vice-Chair, 2009 – 2010
Officer, Chair Elect, 2010 – 2011
Member, Oral Exam Committee, 2010 - 2012
Officer, Chairman, 2011 – 2012

International Confederation of Plastic, Reconstructive and Aesthetic Surgery (IPRAS)

National Delegate, 2003 – 2013

Member, Executive Committee, 2007 – 2011

Chairman, Organizing Committee, IPRAS 2011 Vancouver

American Society for Surgery of the Hand

Member, Annual Meeting Program Committee, 2010-2013

Member, Annual Meeting Place and Time Committee, 2010 -2014

Member, International Outreach Task Force, 2012

Council Director, Outreach and International Relations Director, 2018 - 2021

EDITORIAL

BOARDS:

Reviewer, Plastic and Reconstructive Surgery, 2004 – Present

Reviewer, Journal Plastic, Reconstructive and Aesthetic Surgery, 2005 - Present

Reviewer, HAND, 2006 – Present

Section Editor CME/MOC, Plastic and Reconstructive Surgery, 2007 - 2016

Member, Editorial Board, HAND, 2008 – Present

Member, Editorial Board, The Canadian Journal of Plastic Surgery, 2008 - Present

Reviewer, Journal of Reconstructive Microsurgery 2009- Present

Reviewer, Journal of Hand Surgery, 2011 – Present

Section Editor Hand/Extremity, Archives of Plastic Surgery, 2012 - Present

Chirurgia della Mano, 2015

VISITING PROFESSORSHIPS

1. University of Western Ontario, London, Ontario, May 2002.
2. McMaster University, Hamilton, Ontario, September 2002.
3. University of Manitoba, Winnipeg, Manitoba, May 13, 2005.
4. University of Alberta, Edmonton, Alberta, March 15 – 17, 2006.
5. Institute for Craniofacial and Reconstructive Surgery, Southfield, Michigan, April 6 – 8, 2006.

6. University of British Columbia, Vancouver, British Columbia, April 19 -21, 2006.
7. University of Mississippi, Jackson, Mississippi, July 3 – 6, 2006.
8. Southern Illinois University, Springfield, Illinois, February 8 – 9, 2007.
9. University of Montreal, Montreal, Quebec, May 10 – 11, 2007.
10. University of Toronto Sick Children’s Hospital, Toronto, Ontario, October 17, 2007.
11. University of Ottawa, Ottawa, Ontario, October 19, 2007.
12. Dartmouth Medical School, Hanover, New Hampshire, December 4 – 7, 2007.
13. Case Western Reserve, Cleveland Clinic, Cleveland, Ohio, June 16, 2008.
14. University of California Davis, Sacramento, California, December 3 – 4, 2008.
15. Stanford University, San Francisco, California, December 5 – 6, 2008.
16. University of Toronto, Toronto Ontario, March 26 – 28, 2009.
17. University of Kentucky, Lexington, Kentucky, April 23 – 24, 2009.
18. Duke University, Durham, North Carolina, May 25 – 26, 2009.
19. Northwestern University, Chicago, Illinois, July 16 -17, 2009.
20. Queen’s University, Kingston, Ontario, March 26, 2010.
21. University of Indiana, Indianapolis, Indiana, April 9, 2010.
22. University of Georgia, Augusta, Georgia, June 10 -12, 2010.
23. Medical College of Wisconsin, Milwaukee, Wisconsin, September 16-17, 2010.
24. University of Milan, Milan Italy, November 17, 2010.
25. University of Bergamo, Bergamo Italy, November 18- 19, 2010.
26. Texas A & M Scott & White, Temple, Texas, March 3 -4, 2011.
27. Washington School of Medicine, St. Louis, Missouri, March 17 – 19, 2011.
28. Albany Medical College, Albany, New York, April 13 – 14, 2011.

29. University of Texas Medical Center, Dallas, Texas, April 16, 2011.
30. San Francisco Bay Area Hand Club, San Francisco, California, November 5, 2011.
31. University of McGill, Montreal, Quebec, December 15, 2011.
32. Philadelphia Hand Surgery Symposium Honored Professor, Philadelphia, Pennsylvania, March 3 – 5, 2012.
33. Mayo Clinic, Rochester Minnesota, January 30-31, 2013.
34. John Knowles Swinburne Memorial Lecturer, Garden City, New York, May 4 2013.
35. University of Cincinnati, College of Medicine, Cincinnati, Ohio, June 4-5, 2013.
36. University of Pittsburgh, School of Medicine, Pittsburgh, Pennsylvania, June 6-7, 2013.
37. Dartmouth-Hitchcock Medical Center, Lebanon, New Hampshire, October 17-19, 2013.
38. Schneck Lecturer, Chicago, Illinois, October 30, 2013.
39. Esser Course, Rotterdam, Holland, November 7, 2013.
40. Chang Gung Memorial Hospital, Linko, Taiwan, November 11, 2013.
41. Buncke Hand Clinic, San Francisco, California, May 15, 2014.
42. University of Pennsylvania, Hershey, Pennsylvania, May 28, 2014.
43. University of Ottawa, Ottawa, Ontario, June 18, 2014.
44. Curtis Hand Centre, Baltimore, Maryland, October 16, 2014.
45. ASSH International Visiting Professorship Program, Tbilisi, Georgia, May 2015.
46. ASSH International Visiting Professorship Program, Jakarta, Indonesia, May 2015.
47. Hand Rehabilitation Foundation Visiting Professor, Philadelphia, Pennsylvania, May 20, 2015.

48. The 5th International Symposium on Musculoskeletal System and Pain, Okinawa and Tokyo Japan July 29-31, 2015.
49. University of Minnesota, Minneapolis, Minnesota, April 14-15, 2016.
50. University of Virginia, Charlottesville, Virginia, April 12, 2016.
51. John Hopkins School of Medicine University of Maryland, June 9, 2016.
52. University of Chicago, Chicago Illinois, January 24-25, 2017.
53. Cleveland Clinic, Cleveland Ohio, May 7-9, 2018.
54. Mount Sinai Medical Centre, New York, New York, July 15 – 16, 2018.
55. Texas Scottish Rite Hospital for Children, Dallas, Texas, September 19, 2018.
56. University of California Davis Medical Center, Thomas R. Stevenson Lecture, Chicago, Illinois, September 29, 2018.
57. Campbell Foundation Visiting Professor, University of Tennessee, Memphis, Tennessee, January 18-19, 2019.
58. Harold Kleinert & Joseph E. Kutz Visiting Professor in Hand and Microsurgery, Louisville, Kentucky, September 29 – October 4, 2019.

VOLUNTEER SURGICAL MISSIONS

1. Mombassa, Kenya, Operation Smile, September, 1996.
2. Illigan City, Island of Mindanao, Philippines, Operation Smile, February, 1997.
3. Santa Domingo, Ecuador, Operation Smile, September, 1997.
4. Tra Vihn, Vietnam, Operation Smile, November, 1998.
5. Casablanca, Morocco, Operation Smile, March, 1999.
6. Kunming, China, Operation Smile, October, 1999.
7. Lima, Peru, Operation Smile, May, 2000.
8. Nikkon Si Thamarat, Thailand, Operation Smile, October, 2000.

9. Casablanca, Morocco, Operation Smile, March, 2001.
10. Lima, Peru, Operation Smile, May, 2001.
11. San Cristobal, Venezuela, Operation Smile, October, 2001.
12. Oaxaca, Mexico, Operation Rainbow Canada, November, 2002.
13. Tegucigalpa, Honduras, Operation Smile, February, 2003.
14. Irbid, Jordan, Operation Smile, December, 2003.
15. Belem, Brazil, Operation Smile, July, 2004.
16. Nairobi, Kenya, Operation Smile, October, 2004.
17. Beirut, Lebanon, Operation Rainbow Canada, November, 2004.
18. Hoi An, Vietnam, Operation Smile, May, 2005.
19. Deesa, India, Operation Smile, January, 2006.
20. Guerro, Mexico, Smile Network, February, 2007.
21. Cusco, Peru, Smile Network, October, 2007.
22. Hyderabad, India, Operation Smile, August 2008.
23. Jimma, Ethiopia, Operation Smile, May 2009.
24. Klerksdorp, South Africa, Operation Smile, November 2011.
25. Kumasi, Ghana, American Association for Hand Surgery, November 17-30, 2012.
26. Lilongwe, Malawi, Operation Smile, August 2013.
27. Kumasi, Ghana, Health Volunteers Oversees, September 2016.
28. Kathmandu, Nepal Hand Surgery, November 2018.
30. San Pedro Sula, Honduras, March 30 – April 6, 2019

PUBLICATIONS: Refereed Journals

1. **Lalonde DH**, Williams HB, Rosenthal I, Vioria JB. Circulation, bone scans, and tetracycline labeling in microvascularized and vascular bundle implanted rib grafts. *Ann Plast Surg* 1984 Nov;13(5):366-74.
2. Papanastasiou VW, **Lalonde DH**, Williams HB. The vascular pattern and viability of microvascularized rib grafts based on periosteal circulation-an experimental study. *Ann Plast Surg* 1984 Nov;13(5):375-82.
3. **Lalonde D**. A tendon approximator. *Plast Reconstr Surg* 1989;83:912.
4. **Lalonde D**. Hook forceps. *Ann Plast Surg* 1991;26:597.
5. Maxwell D, O'Brien J, Sparkes G, **Lalonde D**. Topical 2% lidocaine gel versus placebo in burn debridement pain. *Can J Plast Surg* 1996;6(2):109.
6. Sparkes G, **Lalonde D**, O'Brien J. Salvage of three cases of class 2V ring finger avulsion injuries with medicinal leeches. *Can J Plast Surg* 1996;4(3):169.
7. **Lalonde DH**. A bone clamp. *Can J Plast Surg* 1998;6(2):105.
8. **Lalonde DH**. Pearls learned from the perspectives and advances in plastic surgery symposium Vail Colorado. *Can J Plast Surg* 1998;6:127.
9. **Lalonde DH**. No vertical scar breast reduction: a good alternative to the t-scar inferior pedicle breast reduction. *Can J Plast Surg* 2000;8(1):36.
10. Samson M, **Lalonde DH**, Fitzpatrick D, Sparkes GL. Long term effects of the Latham presurgical maxillary orthopedic appliance, including effects on tooth growth. *Can J Plast Surg* 2000;8(1):15.
11. **Lalonde DH**. Dynamic compression bone clamp for transverse fractures. *Can J Plast Surg* 2000;15(2):78.
12. Hayden D, **Lalonde DH**, Hanson M. Assessment of speech the day after primary palate repair in 10 patients aged 11 to 36 years. *Can J Plast Surg* 2000;8(5):181.
13. **Lalonde DH**, French RJ, Lalonde J. The no vertical scar breast reduction: how to delete the vertical scar of the standard t-scar breast reduction and produce an excellent breast shape. *Persp Plast Surg* 2001;15(2):103.
14. French RJ, O'Brien JP, Sparkes GL, **Lalonde DH**. Free flap monitoring using an implantable doppler probe. *Can J Plast Surg* 2001;9(6):233.

15. **Lalonde DH.** The thought process behind instrument development. *Can J Plast Surg* 2001;10(9):9.
16. **Lalonde DH.** Examination skills: general advice for candidates. *Can J Plast Surg* 2002;10(4):149.
17. **Lalonde DH,** Lalonde J, French R. The no vertical scar breast reduction: a minor variation that allows you to remove the vertical scar portion of the inferior pedicle wise pattern t scar. *Aesthetic Plast Surg* 2003;27(5):335.
18. Nodwell T, **Lalonde DH.** How long does it take phentolamine to reverse adrenaline-induced vasoconstriction in the finger and hand? A prospective randomized blinded study: The Dalhousie project experimental phase. *Can J Plast Surg* 2003;11(4) 187.
19. Watts RJ, Osei-Tutu KB, **Lalonde DH.** Carpal tunnel syndrome and worker's compensation: A cross Canada comparison. *Can J Plast Surg* 2003; 11(4):199.
20. Hoyt B, **Lalonde DH.** A simple jaw splint for minimally displaced mandible fractures with undisplaced occlusion. *Can J Plast Surg* 2003;11(4):209.
21. Williams JG, French RJ, **Lalonde DH.** Why do free flap vessels thrombose? Lessons learned from implantable doppler monitoring. *Can J Plast Surg* 2004;12(1):23.
22. **Lalonde DH,** Osei-Tutu KB. Functional reconstruction of unilateral, subtotal, full-thickness upper and lower eyelid defects with a single hard palate graft covered with advancement orbicularis myocutaneous flaps. *Plast Reconstr Surg* 2005;115(6):1696.
23. **Lalonde DH,** Bell M, Benoit P. A multicenter prospective study of 3,110 consecutive cases of elective epinephrine use in the fingers and hand: the Dalhousie project clinical phase. *J Hand Surg* 2005;30(5):1061.
24. Nagy MW, McCraw JB, **Lalonde DH.** The no vertical scar mammoplasty: A durable approach to a complex problem. *Plast Reconstr Surg Supp* 2005; 116(3):216.
25. Fitzcharles-Bowe CM, **Lalonde DH,** A survey of volunteer reconstructive surgery performed outside of Canada by Canadian plastic surgeons. *Can J Plast Surg* 2005;13(1):53.
26. Alqahtani M, **Lalonde DH.** Sterile vs non-sterile clean dressings. *Can J Plast Surg* 2006;14(1):25.

27. Thomson CJ, **Lalonde DH**. Randomized double-blind comparison of duration of anesthesia among three commonly used agents in digital nerve block. *Plast Reconstr Surg* 2006;118(2):429.
28. Williams JG, **Lalonde DH**. Randomized comparison of the single-injection volar subcutaneous block and the two-injection dorsal block for digital anesthesia. *Plast Reconstr Surg* 2006;118(5):1195.
29. Thomson CJ, **Lalonde DH**, Denkler KA. A critical look at the evidence for and against elective epinephrine use in the finger. *Plast Reconstr Surg* 2007;119(1):260.
30. Thomson CJ, **Lalonde DH**. Measurement of radiation exposure over a one year period from fluoroscan mini C-arm imaging unit. *Plas Reconstr Surg* 2007;119(3):1147.
31. Chun YS, **Lalonde DH**, May JW Jr. Internal pedicle shaping to improve aesthetic results in reduction mammoplasty. *Plast Reconstr Surg* 2007;119(4):1183.
32. Bezuhly M, Sparkes GL, Higgins A, Neumeister M, **Lalonde DH**. Immediate thumb extension following extensor indicis proprius to extensor pollicis longus tendon transfer using the wide awake approach. *Plast Reconstr Surg* 2007;119(5):1507.
33. Fitzcharles-Bowe C, Denkler KA, **Lalonde DH**. Finger injection with high-dose (1:1000) epinephrine: Does it cause finger necrosis and should it be treated? *HAND* 2007;2(1):5.
34. Macadam SA, Kennedy S, **Lalonde D**, Anzarut, A, Clarke HM, Brown E. The Canadian Plastic Surgery workforce survey: Interpretation and implications. *Plast Reconstr Surg* 2007;119(7):2299.
35. **Lalonde DH**. When can a hand surgeon return to work after having his carpal tunnel surgery? *Plast Reconstr Surg* 2007;120(3):816.
36. **Lalonde DH**, Thomson CJ, Denkler K, Feicht A. Epinephrine use in the fingers. *Plast Reconstr Surg* 2007;120(5):1437. Reply.
37. Leblanc MR, Lalonde J, **Lalonde DH**. A detailed cost and efficiency analysis of performing carpal tunnel surgery in the main operating room versus the ambulatory setting in Canada. *HAND* 2007;2(4):173.
38. Cook G, **Lalonde DH**. Management of thumb carpometacarpal joint arthritis. *Plast Reconstr Surg* 2008;121(1).

39. Sigurdson L, **Lalonde D**. Breast reconstruction. *Plast Reconstr Surg* 2008;121(1).
40. Rohrich RJ, Stuzin JM, **Lalonde DH**. Maintenance of certification in plastic surgery and the journal: What you need to know. *Plast Reconstr Surg* 2008;121(1):329.
41. **Lalonde DH**. Tendon transfers in unsedated patients. *Plast Reconstr Surg* 2008;121(2):688. Reply.
42. Bezuhly M, Lalonde J, Alqahtani M, Sparkes G, **Lalonde DH**. Gillies elevation and percutaneous Kirschner wire fixation in the treatment of simple zygoma fractures: Long-term quantitative outcomes. *Plast Reconstr Surg* 2008;121(3):948.
43. Swartz W, **Lalonde DH**. Dupuytren's contracture. *Plast Reconstr Surg* 2008;121(4).
44. Alpert B, **Lalonde DH**. Breast augmentation. *Plast Reconstr Surg* 2008;121(4).
45. Hentz R, **Lalonde DH**. Carpal tunnel syndrome. *Plast Reconstr Surg* 2008;121(4).
46. Nelson R, **Lalonde DH**. Perforator assisted transposition flap for pilonidal sinus wounds. *Plast Reconstr Surg* 2008;122(1):47e.
47. Evans RJ, Barnsley G, Cook G, **Lalonde DH**. Pectoralis major perforator flap for filling the lower part of the sternal reconstruction defect. *Plast Reconstr Surg* 2008;122(2):83e.
48. **Lalonde DH**. Gillies elevation and k-wire fixation for zygoma fractures. *Plast Reconstr Surg* 2008;122(4):1285. Reply.
49. **Lalonde DH**, Handley A, Sullivan D, Rohrich RJ. Taking CME to a new level in plastic and reconstructive surgery. *Plast Reconstr Surg* 2008;122(4):1275.
50. Nelson RA, Colohan, SM, Sigurdson LJ, **Lalonde DH**. Practice profiles in breast reduction: A survey among Canadian plastic surgeons. *Can J Plast Surg* 2008;16(3):157.
51. **Lalonde DH**. Wide-awake flexor tendon repair. *Plast Reconstr Surg* 2009;123(2):623.
52. Tan PWW, Song C, **Lalonde D**. Ehlers-Danlos syndrome associated with cleft lip and palate. *Can J Plast Surg* 2009;17(4):110.

53. Chandran GJ, **Lalonde DH**. A review of pain pumps in plastic surgery. *Can J Plast Surg* 2010;18(1).
54. **Lalonde D**, Noone RB, Cullison T. How plastic surgery-trained hand surgeons fulfill maintenance of certification requirements. *J Hand Surg* 2010;35A(4):666.
55. Janis JE, Kwon RK, **Lalonde DH**. A practical guide to wound healing. *Plast Reconstr Surg* 2010;125(6):230e.
56. Rohrich RJ, **Lalonde DH**. So you wanted an improved journal-based CME program: It's here now. *Plast Reconstr Surg* 2010;126(1):337.
57. Nelson R, Higgins A, Conrad J, Bell M, **Lalonde D**, The wide-awake approach to Dupuytren's disease: fasciectomy under local anesthetic with epinephrine. *HAND* 2010;5(2):117.
58. Chandran GJ, Chung B, Lalonde J, **Lalonde DH**. The hyperthermic effect of a distal volar forearm nerve block: A possible treatment of acute digital frostbite injuries? *Plast Reconstr Surg* 2010;126(3):946.
59. Higgins A, **Lalonde DH**, Bell M, Mckee D, Lalonde JF. Avoiding flexor tendon repair rupture with intraoperative total active movement examination. *Plast Reconstr Surg* 2010;126(3):941.
60. Mustoe, TA, Buck, DW II, **Lalonde DH**. The safe management of anesthesia, sedation and pain in plastic surgery. *Plast Reconstr Surg* 2010;126(4):165e-176e
61. Codner MA, McCord CD, Mejia JD, **Lalonde DH**. Upper and lower eyelid reconstruction. *Plast Reconstr Surg* 2010;126(5):231e.
62. **Lalonde DH**. "Hole-in-one" local anesthesia for wide awake carpal tunnel surgery. *Plast Reconstr Surg* 2010;126(5):1642.
63. **Lalonde DH**, Lalonde JF. Discussion: Do not use epinephrine in digital blocks: Myth or truth? Part II A retrospective review of 1111 cases. *Plast Reconstr Surg* 2010;126(6):2035.
64. Friedland JA, **Lalonde DH**, Rohrich RJ. An evidence-based approach to blepharoplasty. *Plast Reconstr Surg* 2010;126(6):2222.
65. **Lalonde DH**, Rohrich RJ. A first for plastic surgery, the American board of plastic surgery, the American society of plastic surgeons, and plastic and reconstructive surgery: 20 evidence-based maintenance of certification articles, beginning with this issue. *Plast Reconstr Surg* 2010;126(6):2265.

66. **Lalonde DH.** An evidence-based approach to flexor tendon laceration repair. *Plast Reconstr Surg* 2011;127(2):885.
67. Chung KC, Clapham PJ, **Lalonde DH.** Maintenance of certification, maintenance of public trust. *Plast Reconstr Surg* 2011;127(2):967.
68. Wheelock ME, Leblanc M, Chung B, Williams J, **Lalonde DH.** Is it true that injecting palmar finger skin hurts more than dorsal skin? New level I evidence. *HAND* 2011;6:47-49.
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138. **Lalonde D**, *Discussion*: Differences in opioid prescribing among plastic surgery trainees in the United States and Canada. *Plast Reconstr Surg*: 144(1):137e-138e 2019.
139. Kalandar A, Williams J, **Lalonde D**, Can we restore vision? A cadaveric study using hyaluronidase for retinal artery occlusion. *Plast Reconstr Surg Global*: 2019(9) e 2412.

BOOKS

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BOOK CHAPTERS

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2. **Lalonde DH, Lalonde J:** Biotherapy: Leeches. In Milne CT, Corbett LQ, Dubuc D (Eds.) Wound Ostomy and Continence Nursing Secrets, Hanley & Belfus, Philadelphia 2002, Chapter 27.
3. **Lalonde DH:** Wide-awake approach to flexor tendon repair in hand & wrist surgery. In Chung K (Ed.) Operative Techniques: Hand and Wrist Surgery, Saunders Elsevier, Philadelphia, 2007, Vol II, Sect V.
4. **Lalonde DH,** Prominent ears. In Oxley PJ (Ed.) Classifications In Facial Plastic Surgery, Plural Publishing, San Diego, 2009, Chapter 3.
5. **Lalonde DH, Lalonde JF:** No vertical scar breast reduction/mastopexy. In Bucky LP Mottura AA Codner MA (Eds.) Aesthetic Breast Surgery, Saunders Elsevier, Spain, 2009, Chapter 16.
6. **Lalonde DH:** Tendon repair and reconstruction. In Siemionow MZ, Eisenmann-Klein M (Eds.) Plastic and Reconstructive Surgery, Springer, London, 2010, Chapter 38.
7. **Lalonde DH:** No vertical scar breast reduction. In Hall-Findlay EJ, Evans GRD (Eds.) Aesthetic and Reconstructive Surgery of the Breast, Saunders Ltd. 2010, Chapter 17.
8. **Lalonde DH:** Wide awake flexor tendon Repair and early mobilization in zones 1 and 2. In Bo Tang J, Lee SK (Eds.) Hand Clinics Tendon Repair and Reconstruction. Elsevier Ltd. May 2013.
9. **Lalonde DH:** Minimally invasive Anesthesia in wide awake hand surgery. In Curtin C, Chung, KC (Eds.) Hand Clinics Minimally Invasive Hand Surgery. Elsevier Ltd. Feb 2014.
10. Gregory S, **Lalonde DH,** Leung LT, Minimally invasive finger fracture management, wide-awake closed reduction, k-wire fixation and early protective movement. In Curtin C, Chung KC (Eds.) Hand Clinics Minimally Invasive Hand Surgery. Elsevier Ltd, Feb 2014.
11. Bezuhly M, Sparkes GL, Higgins A, Neumeister MW, **Lalonde DH,** Immediate thumb extension following extensor indicis proprius-to-extensor pollicis longus tendon transfer using the wide awake approach. In Hultman, C Scott (Eds) 50 Studies Every Plastic Surgeon Should Know. CRC Press, Boca Raton 2014.

12. **Lalonde DH**, Flexor tendon repair under local anesthesia. In Hammert, WC, Calfee, RP (Eds.) ASSH Hand Surgery Manual, 2nd Edition. American Society for Surgery of the Hand, Chicago 2014.
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14. **Lalonde D**, Wide awake surgery on the hand. In Maschke SD, Graham TJ, Evans PJ (Eds) Master Techniques in Orthopaedic Surgery: The Hand 3rd Edition. Wolters Kluwer, Philadelphia, PA. 2016.
15. **Lalonde DH**, Mesa J, Vasconez L, Local and regional anesthesia in plastic surgery:safety considerations and management of adverse events. In Finucane BT, Tsui BCH (Eds) Complications of Regional Anesthesia. Springer International, Cham Switzerland 2017.
16. **Lalonde DH**, Hagert E, Tips and pearls on common nerve compression. In Neligan P, Chang J (Eds) Plastic Surgery Hand and Upper Extremity. Elsevier Inc. 2018.
17. **Lalonde Donald H**, Extensor tendon injuries, discussion. In Cohen M, Thaller S (Eds) The Unfavorable Result in Plastic Surgery Avoidance and Treatment Fourth Edition. Thieme, New York, NY. 2018

FILMS

Lalonde DH: No vertical scar breast reduction. PSEF 2005.

Lalonde DH: Passot push up mastopexy/reduction with no vertical scar. ASAPS 2007.

KEY NOTE SPEAKER INVITATIONS

1. Plastic Surgery Department, Bergamo, Italy, November 18, 2010.
2. British Society for Surgery of the Hand, Manchester, England, March 31, 2011.
3. Canadian Society of Hand Therapists, Vancouver, British Columbia, April 30, 2011.
4. San Francisco Bay Area Hand Club, San Francisco California, November 5, 2011.

5. Brazilian Society for Surgery of the Hand, Sao Paulo, Brazil, April 28 -30, 2012.
6. Taiwan Plastic Surgery Society, Tai Pei, Taiwan, November 17, 2013.
7. Israeli Society for Surgery of the Hand, Tel Aviv, Israel, November 27, 2013.
8. New Zealand Society of Hand Surgery, Queenstown, New Zealand, April 17, 2014.
9. Swedish Society for Surgery of the Hand, Stockholm, Sweden, September 4, 2014.
10. Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 2, 2014.
11. Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, October 23, 2014.
12. Northwest Society of Plastic Surgeons, Hawaii, February 15-16, 2015.
13. Pamela Youde Nethersole Eastern Hospital, Hong Kong, China, March 6, 2015.
14. International Federation of Societies for Surgery of the Hand, South Asian Regional Hand Course, Coimbatore, India. July 3-5, 2015.
15. The 5th International Symposium on Musculoskeletal System and Pain, Okinawa and Tokyo Japan July 29-31, 2015.
16. American Society of Hand Therapists, Denver Colorado, October 9, 2015.
17. New South Wales Hand Surgery Association, Sydney Australia, April 20, 2016.
18. Victorian Society for Surgery of the Hand, Melbourne Australia, April 21, 2016.
19. South Australian Hand Society, Adelaide, Australia, April 26, 2016.
20. Western Australian Society for Surgery of the Hand, Perth, Australia, April 26, 2016.
21. Royal Australasian College of Surgeons, Brisbane, Australia, May 4, 2016.
22. South Eastern Society for Surgery of the Hand, Gold Coast, Australia, May 6, 2016.
23. Federation of European Societies for Surgery of the Hand, Santander, Spain, June 22, 2016.

INTERNATIONAL PRESENTATIONS

1. “The Comparison of Vascularized and Non-vascularized Bone Grafts” American College of Surgeons, Chicago, Illinois, 1982.
2. “Vascularized Patterns in Vascularized and Non-vascularized Bone Grafts” International Reconstructive Microsurgical Society, New York, New York, 1983.
3. “Assessment of Patency of Microvascularized Bone Grafts” Senior Residents Conference, San Francisco, California, 1984.
4. “A Prospective Randomized Study of the Use of Placebo versus Topical Lidocaine in Burn Wound Debridement Pain” American Burn Association, 1984.
5. “Breast Reconstruction” King Edward Memorial Hospital Physicians and Surgeons, Hamilton, Bermuda, February 5, 1997.
6. “Volunteer Surgical Missions in Asia and Africa” King Edward Memorial Hospital Physicians and Surgeons, Hamilton, Bermuda, May 7, 1997.
7. “Post Mastectomy Breast Reconstruction” Bermuda Mastectomy Women’s Support Group, Hamilton, Bermuda, May 7, 1997.
8. “Wound Care” Viet Nam Surgeons Group, Tra Vinh City, Viet Nam, 1998.
9. “No Vertical Scar Breast Reduction” Peruvian Surgeons Group, Lima, Peru, May 6, 2000.
10. “No Vertical Scar Breast Reduction” Morocco University Hospital, Casablanca, Morocco, April 3, 2001.
11. “The Four Most Important Lessons Learned in Cleft Lip Surgery in Over 300 Cases in 9 Countries From 1996 to 2001” French Society of Plastic Surgeons, Marrakech, Morocco, April 2001.
12. “Cleft Lip Repair and Revisions” Peruvian Surgeons Meeting, Lima, Peru, May 2001.
13. “The No Vertical Scar Breast Reduction” French Society of Plastic and Reconstructive Surgeons, Paris, France, October 18, 2001.

14. "The No Vertical Scar Breast Reduction" The Cutting Edge, New York, New York, October 2002.
15. "The No Vertical Scar Breast Reduction" The American Society of Plastic Surgeons, San Antonio, Texas, November 2002.
16. "Cleft Lip and Cleft Palate Repair" Oaxaca Children's Hospital Pediatric General Surgeons, Oaxaca, Mexico, December 1, 2002.
17. "No Vertical Scar Breast Reduction" Atlanta Breast Symposium, *Live Surgery*, January 18, 2003.
18. "A Broad Overview of Facial Plastic Surgery Techniques" Honduran Plastic Surgery Society, Tegucigalpa, Honduras, February 2003.
19. "Converting Dupuytren's, Flexor Tendon Repair and Tenolysis to Local Anesthetic Procedures: The Advantages of Adrenaline and Phentolamine in the Hand" American Society of Plastic and Reconstructive Surgeons, San Diego, California, October 2003.
20. "Elimination of the Vertical Scar in Reduction Mammoplasty: The Apron Technique" The American Society of Plastic and Reconstructive Surgeons, San Diego, California, October 2003.
21. "How Long Does It Take Phentolamine to Reverse Adrenaline-Induced Vasoconstriction in the Finger? A Prospective Randomized Blinded Study" The American Society of Plastic and Reconstructive Surgeons, San Diego, California, October 2003.
22. "Why Do Free Flap Vessels Thrombose? The Cause in Nine Free Flaps in Which Flow Had Stopped, But Had Not Yet Thrombosed" American Society of Plastic and Reconstructive Surgeons, San Diego, California, October 2003.
23. "The Four Most Important Lessons I Have Learned Doing Cleft Lip Repair in 14 Missions and 13 Countries" Jordanian Society of Plastic and Reconstructive Surgeons, Irbid, Jordan, December 2003.
24. "A Rewarding Approach to the Initial Consultation With the Overweight/Obese Patient Who Wants a Breast Reduction or Body Contouring Surgery" Columbo-Panamanian Symposium on Advances in Aesthetic Surgery, Panama City, Panama, March 2004.
25. "The No Vertical Scar Breast Reduction" Columbo-Panamanian Symposium on Advances in Aesthetic Surgery, Panama City, Panama, March 2004.

26. "Deleting the Vertical Scar of the Wise Pattern in Breast Reduction, A Simple Step" Southeastern Society of Plastic and Reconstructive Surgeons, Hot Springs, Virginia, June 6, 2004.
27. "Randomized Control Comparison of Two Common Digital Nerve Blocks" American Society of Plastic and Reconstructive Surgeons, Philadelphia, Pennsylvania, October 12, 2004.
28. "Two Stage Reconstruction of Concomitant Subtotal Full Thickness Upper and Lower Eyelid Defects with a Single Hard Palate Graft Covered with Advancement Orbicularis Myocutaneous Flaps" American Society of Plastic and Reconstructive Surgeons, Philadelphia, Pennsylvania, October 2004.
29. "Cleft Lip Repair" Nairobi Plastic Surgeons, November 2004.
30. "Elective Adrenaline Use in Hand Surgery" American Association for Hand Surgery, Puerto Rico, January 2005.
31. "A Multicenter Prospective Analysis of 3,110 Consecutive Cases of Elective Epinephrine Use in the Fingers and Hand" American Association of Plastic Surgeons, Scottsdale, Arizona, May 11, 2005.
32. "A Multicenter Prospective Analysis of 3,110 Consecutive Cases of Elective Epinephrine Use in the Fingers and Hand" American Society for Surgery of the Hand, San Antonio, Texas, September 23, 2005.
33. "The No Vertical Scar Mammoplasty: A Durable Approach to a Complex Problem" American Society of Plastic and Reconstructive Surgeons, Chicago, Illinois, September 2005. (Poster Presentation)
34. "Motivating Lifestyle Changes in the Overweight or Obese Patient" Bariatric Plastic Surgery Workshop, Jacksonville, Florida, October 13, 2005.
35. "Breast Reduction/Mastopexy in the Massive Weight Loss Patient" Bariatric Plastic Surgery Workshop, Amelia Island, Florida, October 14, 2005.
36. "Randomized Double Blind Comparison of Duration of Anesthesia Between Three Commonly Used Agents in Digital Nerve Block" American Association for Hand Surgery" Tucson, Arizona, January 12, 2006.
37. "Adrenaline in the Fingers and Hand: Deleting General Anesthesia in Most Hand Operations" XVI Congress of the Latin America Federation in Plastic Surgery-XXVI Argentine Congress of Plastic Surgery, Buenos Aires, Argentina, March 29, 2006.

38. “No Vertical Scar Breast Reduction” American Society of Aesthetic Plastic Surgeons, Orlando, Florida, April 24, 2006.
39. “No Vertical Scar Breast Reduction” American Society of Plastic and Reconstructive Surgeons, San Francisco, California, October 8, 2006.
40. “The Wide Awake Approach to Hand Surgery” American Society of Plastic and Reconstructive Surgeons, San Francisco, California, October 11, 2006.
41. “No Vertical Scar Shaping” Bariatric Plastic Surgery Workshop, Amelia Island, Florida, November 3, 2006.
42. “Weight Loss and Fitness Programs, Motivating Patients” Bariatric Plastic Surgery Workshop, Amelia Island, Florida, November 4, 2006.
43. “Thumb Extension is Immediate Following Extensor Indicis Proprius to extensor Pollicis Longus Tendon Transfer using the Wide Awake Approach” American Association for Hand Surgery, Puerto Rico, January 11, 2007.
44. “Wide Awake Approach to Hand Surgery” American Association for Hand Surgery, Puerto Rico, January 11, 2007.
45. “The Wide Awake Approach to Flexor Tendon Repair” International Federation Societies for Surgery of the Hand Congress 2007, Sydney, Australia, March 12, 2007.
46. “Patient Participation in Getting the Tension Right in the Tendon Transfers and Tendon Grafting with the Wide Awake Approach” International Federation Societies for Surgery of the Hand Congress 2007, Sydney Australia, March 15, 2007.
47. “Patient Teaching Begins During Flexor Tendon Surgery with the Wide Awake Approach” International Federation Societies for Surgery of the Hand Congress 2007, Sydney, Australia, March 14, 2007.
48. “Advantages of Flexor Tendon Repair in the Wide Awake Patient” 14th International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery, Berlin, Germany, June 2007. (Poster Presentation)
49. “Getting the Tension Right in Tendon Transfers and Tendon Grafting with the Wide Awake Approach” 14th International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery, Berlin, Germany, June 2007.

50. "Wide Awake Hand Surgery" Federation of Latin American Plastic Surgeons, Quito, Ecuador, May 25 – June 4, 2007.
51. "Flexor Tendon Repair" AAHS, ASPN, ASRM, Beverly Hills, California, January 9, 2008.
52. "Extensor Tendon Injuries" AAHS, ASPN, ASRM, Beverly Hills, California, January 9, 2008.
53. "Fractures of the Hand" AAHS, ASPN, ASRM, Beverly Hills, California, January 9, 2008.
54. "Wide Awake Hand Surgery" AAHS, ASPN, ASRM, Beverly Hills, California, January 9, 2008. (Panel Presentation)
55. "Flexor Tendon Repair" AAHS, ASPN, ASRM, Beverly Hills, California, January 9, 2008.
56. "Consultation with Obese and Overweight Breast Reduction/Abdominoplasty Patients" Bariatric Plastic Surgery Workshop, Amelia Island, Florida, February 27, 2008.
57. "No Vertical Scar Breast Reduction" American Society Plastic and Reconstructive Surgeons, San Diego, California, May 1, 2008.
58. "Wide Awake Approach to Hand Surgery" International Spanish Speaking Plastic Surgeons, Quito, Ecuador, May 28, 2008.
59. "Awake Surgery, the Real Benefits of Testing the Repair during Surgery" American Society of Plastic and Reconstructive Surgeons, Chicago, Illinois, November 2008.
60. "So, You've Injured a Nerve, What Next?" American Society of Plastic and Reconstructive Surgeons, Chicago, Illinois, November 2008.
61. "The First Consecutive 1400 Cases of Wide Awake Hand Surgery, In a Single Surgeons' Practice" American Society of Plastic and Reconstructive Surgeons, Chicago, Illinois, November 2008.
62. "Flexor Tendon Repair-Are We Any Better? American Association for Hand Surgery, Maui, Hawaii, January 8, 2009.
63. "Get Back into Hand Surgery for Fun and Profit" American Association of Plastic Surgeons, Palm Springs, California, March 24, 2009.

64. “No Vertical Scar Breast Reduction” American Society of Aesthetic Plastic Surgeons, Las Vegas, Nevada, May 4, 2009.
65. “Wide Awake Flexor Tendon Repair” American Society for Surgery of the Hand, San Francisco, California, September 2, 2009.
66. “Wide Awake Approach to Hand Surgery” European Society of Plastic, Reconstructive and Aesthetic Surgeons, Rhodes, Greece, September 26, 2009.
67. “Debate: Hand Surgery under Local Anesthesia” American Society of Plastic Surgeons, Seattle Washington, October 24, 2009.
68. “Wide Awake Approach to Hand Surgery” American Society of Plastic Surgeons, Seattle Washington, October 25, 2009.
69. “Debate: Hand Fracture Fixation-Is the Seduction of a Sexy Reduction on Post – Op Films Worth the Cost?” American Society of Plastic Surgeons, Seattle, Washington, October 26, 2009.
70. “Extensor Tendon Repair and Including Relative Motion Splinting Concept” American Society of Plastic Surgeons, Seattle, Washington, October 27, 2009.
71. “Wide Awake Hand Surgery” The 15th World Congress of International Confederation for Plastic Reconstructive and Aesthetic Surgery, New Delhi, India, November 29, 2009.
72. “Wide Awake Hand Surgery” American Association for Hand Surgery, Boca Raton, Florida, January 7, 2010.
73. “Wide Awake Tendon Surgery” 12th Annual Hand Surgery Symposium, Philadelphia, Pennsylvania, March 6, 2010.
74. “Extensor Tendon Problems” Panel 12th Annual Hand Surgery Symposium, Philadelphia, Pennsylvania, March 6, 2010.
75. “Flexor Tendon Salvage” Panel 12th Annual Hand Surgery Symposium, Philadelphia, Pennsylvania, March 6, 2010.
76. “No Vertical Scar Breast Reduction” American Society of Aesthetic Plastic Surgeons, Washington, DC, April 24, 2010.
77. “Eyelid Reconstruction” FILACPS, Panama City, Panama, June 1, 2010
78. “How to Give Good Local Anesthesia” FILACPS, Panama City, Panama, June 1, 2010.

79. “Wide Awake Flexor Tendon Surgery” International Federation of Societies for Hand Therapy, Orlando, Florida, June 26, 2010.
80. “Surgery 101: Fracture Fixation-Basic Principles/Rules” International Federation of Societies for Hand Therapy, Orlando, Florida, June 26, 2010.
81. “Reality 101: How are Hand Fractures Really Managed Around the World?” International Federation of Societies for Hand Therapy, Orlando, Florida, June 26, 2010.
82. “Wide Awake Hand Surgery” International Federation Societies for Surgery of the Hand Congress 2010, Seoul, Korea, October 27, 2010.
83. “Wide Awake Flexor Tendon Repair” International Symposium on Upper Extremity Trauma, Shanghai, China, November 4, 2010.
84. “Wide Awake Hand Surgery” University of Milan, Milan Italy, *Live Surgery*, November 17, 2010.
85. “Wide Awake Approach to Hand Surgery” Pan Arab Association of Plastic, Reconstructive, Aesthetic & Burn Surgery, Doha, Qatar, December 12, 2010.
86. “How to Make a Surgical Video” (*course*) American Association for Hand Surgery, Cancun Mexico, January 12, 2011.
87. “Wide Awake Hand Surgery” (*course*) American Association for Hand Surgery, Cancun Mexico, January 13, 2011.
88. “Wide Awake Flexor Tendon Repair” (*panel*) American Association for Hand Surgery, Cancun Mexico, January 13, 2011.
89. “Is Main Operating Room Sterility Really Necessary in Carpal Tunnel Surgery? A Multicenter Prospective Study of Minor Procedure Room Field Sterility Surgery” American Association for Hand Surgery, Cancun Mexico, January 13, 2011.
90. “Wide-Awake Flexor Tendon Repair” British Society of Hand Therapists, Manchester England, March 30, 2011.
91. “Improving Results with Refinements in Flexor Tendon Surgery and Therapy” British Society of Hand Therapists, Manchester England, March 30, 2011.
92. “Pearls In Plastic Surgery” *Keynote Speaker*, The British Society for Surgery of the Hand, Manchester England, March 31, 2011.

93. "Phalangeal Fractures, how I do it." The British Society for Surgery of the Hand, Manchester England, March 31, 2011.
94. "Wide Awake Hand Surgery" International Confederation of Plastic Reconstructive and Aesthetic Surgery, Vancouver, British Columbia, May 24, 2011.
95. "How to get your Paper Published in PRS" International Confederation of Plastic Reconstructive and Aesthetic Surgery, Vancouver, British Columbia, May 5, 2011.
96. "Wide Awake Hand Surgery" 10th Shanghai International Plastic Surgery Conference, Shanghai, China, June 11, 2011.
97. "Dupuytren's Contracture of the Small Finger PIP Joint: Treatment" American Society for Surgery of the Hand, Las Vegas, Nevada, September 8, 2011.
98. "Flexor Tendon Repair" American Society for Surgery of the Hand, Las Vegas, Nevada, September 8, 2011.
99. "CMC Arthritis" American Society for Surgery of the Hand, Las Vegas, Nevada, September 9, 2011.
100. "Maximizing Efficiency in Common Hand Surgery Procedures" American Society for Surgery of the Hand, Las Vegas, Nevada, September 9, 2011.
101. "How to Get a Paper Accepted to PRS" American Society of Plastic Surgeons, Denver, Colorado, September 25, 2011.
102. "How the Evidence Has Changed My Practice" American Society of Plastic Surgeons, Denver, Colorado, September 25, 2011.
103. "Better Local Anesthesia for Aesthetic Surgery of the Face and Breast" American Society of Plastic Surgeons, Denver, Colorado, September 26, 2011.
104. "Hand Surgery Jeopardy" American Society of Plastic Surgeons, Denver, Colorado, September 27, 2011.
105. "Epinephrine in the Hand: The Key to 15 Years as a Hand Surgeon without a Tourniquet" San Francisco Bay Area Hand Club *Invited Speaker*, San Francisco, California, November 4, 2011.
106. "Comparison of the Sensory Modality Effects of Bupivacaine Digital Nerve Blocks with and without Epinephrine: A Level One Study" American Association for Hand Surgery, Las Vegas, Nevada, January 12, 2012.

107. "The Patient's Perspective on Carpal Tunnel Surgery related to the Type of Anesthesia" American Association for Hand Surgery, Las Vegas, Nevada, January 13, 2012.
108. "Carpal Tunnel Syndrome-Update" American Association for Hand Surgery, Las Vegas, Nevada. January 14, 2012.
109. "Teaching Local Anesthesia Injection for Carpal Tunnel Release: Can Learners Achieve a "Hole-In-One"?" (*poster*) American Association for Hand Surgery, Las Vegas, Nevada. January 2012.
110. "American Board of Plastic Surgery Report from the Chairman" Northwest Society of Plastic Surgeons, Oahu, Hawaii. February 20, 2012.
111. "Pearls Of Experience" Northwest Society of Plastic Surgeons, Oahu, Hawaii. February 20, 2012.
112. "Decreasing the Pain of Your Local Anesthetic Injection, as well as, Your Dependency on Sedation and General Anesthesia" Northwest Society of Plastic Surgeons, Oahu, Hawaii. February 22, 2012.
113. "The Art of Painless Local Anesthesia" *Live Demonstration* 14th Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 3, 2012.
114. "Case Controversies" 14th Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 3, 2012.
115. "Office and OR Technologies: Recording Your Data, Tweeting and Touting" 14th Philadelphia Hand Symposium, Philadelphia, Pennsylvania, March 3, 2012.
116. "Problems of Flexor Tendon Repair" 14th Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 4, 2012.
117. "What's New and What Do You Do with Carpal and Cubital Tunnel" 14th Philadelphia Hand Symposium, Philadelphia, Pennsylvania, March 5, 2012.
118. "Wide Awake Flexor Tendon Repair" Surgery and Rehabilitation of the Hand, Philadelphia, Pennsylvania, March 6, 2012.
119. "Early Protected Movement for K-wired Finger Fractures" Surgery and Rehabilitation of the Hand, Philadelphia, Pennsylvania, March 6, 2012.
120. "Relative Motion Flexor Splints for Boutonniere and Interosseous Tears" Surgery and Rehabilitation of the Hand, Philadelphia, Pennsylvania, March 6, 2012.

121. "Simplifying Complex Hand Surgery with the Wide Awake Approach" Brazilian Society for Hand Surgery, Sao Paulo, Brazil, April 28, 2012.
122. "Wide Awake Finger Fracture K-wire Reduction and Early Protected Movement" Brazilian Society for Hand Surgery, Sao Paulo, Brazil, April 28, 2012.
123. "Other Solutions for Hand Surgery Problems" Brazilian Society for Hand Surgery, Sao Paulo, Brazil, April 29, 2012.
124. "Tenolysis: Decreasing Rupture and Tenolysis with Wide Awake Flexor Tendon Repair" Brazilian Society for Hand Surgery, Sao Paulo, Brazil, April 30, 2012.
125. "The End of the Epinephrine Myth the Tourniquet and General Anesthesia for Hand Surgery" Brazilian Society for Hand Surgery, Sao Paulo, Brazil, April 30, 2012.
126. "How to Inject Almost Pain Free Local Anesthesia for Most Operation in Hand Surgery" Brazilian Society for Hand Surgery, Sao Paulo, Brazil, April 30, 2012.
127. "The Roles of No Vertical, Vertical and T-Scar Operations in Mastopexy/Reduction" American Society for Aesthetic Plastic Surgery, Vancouver, British Columbia, May 4, 2012.
128. "How Evidence Based Medicine Has Changed My Practice" American Society for Aesthetic Plastic Surgery, Vancouver, British Columbia, May 4, 2012.
129. "How Do Flexor Tendon Repair and Transfers with the Wide Awake Approach for Less Rupture and Tenolysis" American Society for Surgery of the Hand, Chicago Illinois, September 6, 2012.
130. "No Muss, No Fuss, Wide Awake Carpal Tunnel Release that Patients Really Love" American Society for Surgery of the Hand, Chicago Illinois, September 6, 2012.
131. "How to Perform Almost Pain Free Local Anesthesia For 95% of Hand Surgery" American Society for Surgery of the Hand, Chicago Illinois, September 6, 2012.
132. "How and When to do Early Protected Movement for K-Wired Finger Fractures" American Society for Surgery of the Hand, Chicago Illinois, September 6, 2012.
133. "Dupuytren's Contracture" American Society for Surgery of the Hand, Chicago Illinois, September 7, 2012.
134. "Wide Awake Hand Surgery" Italian Society for Hand Surgery, Abano Terme-Padova, Italy, October 13, 2012.

135. "Relative Tendon Motion" American Society of Hand Therapists, San Diego, California, October 19, 2012.
136. "How the Wide Awake Approach is Changing Hand Surgery and Therapy" American Society of Hand Therapists, San Diego, California, October 19, 2012.
137. "Wide Awake Hand Surgery" American Society of Plastic Surgeons, New Orleans, Louisiana, October 29, 2012.
138. "How Evidence Medicine Has Changed My Practice" American Society of Plastic Surgeons, New Orleans, Louisiana, October 29, 2012.
139. "Better Local Anesthesia" American Society of Plastic Surgeons, New Orleans, Louisiana, October 28, 2012.
140. "Better Local Anesthesia of the Head and Neck, More with Less Fuss" American Society of Plastic Surgeons, New Orleans, Louisiana, October 28, 2012.
141. "How to Get a Paper Accepted to PRS" American Society of Plastic Surgeons, New Orleans, Louisiana, October 28, 2012.
142. "Dupuytren's; NA, Enzymes, Splinting, or Surgery (Asleep and Awake)?" American Association for Hand Surgery, Naples, Florida, January 9, 2013.
143. "Management of Finger Fractures with Early Motion" American Association for Hand Surgery, Naples, Florida, January 9, 2013.
144. "Basal Joint Arthroplasty" American Association for Hand Surgery, Naples, Florida, January 11, 2013.
145. "Wide Awake Hand and Wrist Surgery-A New Horizon in Outpatient Surgery" American Academy of Orthopedic Surgeons, Chicago, Illinois, March 20, 2013.
146. "How to Inject Local Anesthesia" American Academy of Orthopedic Surgeons, Chicago, Illinois, March 23, 2013.
147. "Improving Results of Flexor Tendon Repair and Transfer" American Academy of Orthopedic Surgeons, Chicago, Illinois, March 23, 2013.
148. "Wide Awake Wrist Surgery" American Academy of Orthopedic Surgeons, Chicago, Illinois, March 23, 2013.
149. "Comprehensive Breast Reduction (No Vertical and T Scar) in Mastopexy/Reduction: Evidence and Pearls" American Society for Aesthetic Plastic Surgery, New York, New York, April 12, 2013.

150. "Making Local Anesthesia Almost Painless So You Can Do More Pure Local Facial Surgery With Less Risk and Greater Satisfaction" International Plastic, Reconstructive and Aesthetic Surgery, Santiago, Chile, February 28, 2013.
151. "Plastic Surgery Resident Training Aspects in Canada" International Plastic, Reconstructive and Aesthetic Surgery, Santiago, Chile, February 28, 2013.
152. "Wide Awake Surgery for Carpal Tunnel, Finger Fractures and Tendon Transfers" International Federation of Societies for Surgery of the Hand, New Delhi, India, March 4, 2013.
153. "Advances In Extensor and Flexor Tendon Injury Management" International Federation of Societies for Surgery of the Hand, New Delhi, India, March 5, 2013.
154. "How to Inject Local Anesthesia" American Academy of Orthopedic Surgeons, Chicago, Illinois, March 20, 2013.
155. "Improving Results of Flexor Tendon Repair and Transfer" American Academy of Orthopedic Surgeons, Chicago Illinois, March 20, 2013.
156. "Wide Awake Carpal Tunnel Surgery" American Academy of Orthopedic Surgeons, Chicago, Illinois, March 20, 2013.
157. "Wide Awake Wrist Surgery" American Academy of Orthopedic Surgeons, Chicago Illinois, March 20. 2013.
158. "Repair of Flexor Tendon Lacerations under Local Anesthesia" American Academy of Orthopedic Surgeons, Chicago Illinois, March 23, 2013.
159. "Comprehensive Breast Reduction (No Vertical, Vertical and T Scar) in Mastopexy/Reduction; Evidence and Pearls" American Society for Aesthetic Plastic Surgery, New York, New York, April 12, 2013.
160. "Getting A Paper Accepted by a Scientific Journal Made Easy" American Society for Aesthetic Plastic Surgery, New York, New York, April 12, 2013.
161. "Acute Tendon Injuries and Rehabilitation" Brazilian Hand Society, Rio De Janeiro, Brazil, April 24, 2013.
162. "Flexor Tendon Repair Zone 2" Brazilian Hand Society, Rio De Janeiro, Brazil, April 25, 2013.
163. "How To Make Surgical Movies" American Society for Surgery of the Hand, San Francisco, California, October 3, 2013.

164. “Carpal Tunnel Syndrome and Surgery” American Society for Surgery of the Hand, San Francisco, California, October 3, 2013.
165. “How Wide Awake Hand Surgery has Improved My Practice” American Society for Surgery of the Hand, San Francisco, California, October 4, 2013.
166. “Non-Surgical Management of Management of Metacarpal Fractures” American Society for Surgery of the Hand, San Francisco, California, October 4, 2013.
167. “What I’ve Learned Since Residency-What I Was Taught-But Doesn’t Work; What I Don’t Do Anymore-What I Do Instead; What I Wish I Was Told” American Society of Plastic Surgeons, San Diego, California, October 12, 2013.
168. “Details of Minimal Pain Local Anesthesia to Maximize the Surgeon/Patient Experience” American Society of Plastic Surgeons, San Diego, California, October 12, 2013.
169. “How To Get An Article Accepted By PRS/”LOE” Made Easy” American Society of Plastic Surgeons, San Diego, California, October 13, 2013.
170. “Live Demonstration: How to Decrease the Pain of Your Local Anesthesia Injection – Best Tips and Evidence” American Society of Plastic Surgeons, San Diego, California, October 14, 2013.
171. “Pearls of Hand Surgery and Hand Therapy” Taiwan Plastic Surgery Society, Tainan, Taiwan, November 17, 2013.
172. “How the Wide Awake Approach is Changing Hand Surgery and Hand Therapy” Israeli Society for Surgery of the Hand, Tel Aviv, Israel, November 27, 2013.
173. “Relative Motion Flexion and Extension Splints in Tendon Surgery, Boutonniere and Interosseous Tears” Israeli Society for Surgery of the Hand, Tel Aviv, Israel, November 27, 2013.
174. “Increasing Patient Satisfaction by Decreasing Tourniquet and Sedation in Carpal Tunnel Surgery” Israeli Society for Surgery of the Hand, Tel Aviv, Israel, November 27, 2013.
175. “Less Can Be More” *Presidential Address* American Association for Hand Surgery, Kauai, Hawaii, January 9, 2014.
176. “Offering the Wide Awake Alternative to Your Patients; How and Why To Do It” American Association for Hand Surgery, Kauai, Hawaii, January 9, 2014.

177. “My Best Trick(s)-Simple Solutions That Have Helped Me In Managing Hand Problems” American Association for Hand Surgery, Kauai, Hawaii, January 10, 2014.
178. “Wide Awake Approach to Flexor Tendon Surgery” American Association for Hand Surgery, Kauai, Hawaii, January 10, 2014.
179. “Can We Be More Aggressive and Get Better Results with Tendon Injuries” American Association for Hand Surgery, Kauai, Hawaii, January 8, 2014.
180. “How To Inject The Local Safely For Most Procedures In Hand Surgery” American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 14, 2014.
181. “Wide Awake Hand and Wrist Surgery: A New Horizon In Outpatient Surgery” American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 14, 2014.
182. “PIP Trauma/Arthritis: Case Presentations” American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 14, 2014.
183. “Current Concepts In Tendon Repair” Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 22, 2014.
184. “Wide Awake Flexor Tendon Repair” Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 22, 2014.
185. “Wide Awake Tendon Transfer: Example EIP to EPL” Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 23, 2014.
186. “Panel-Complex Cases From Around the World-Medical Missions in Action, Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 23, 2014.
187. “Tendon Repair in Zones III through the Biceps” Philadelphia Hand Surgery Symposium, Philadelphia, Pennsylvania, March 22, 2014.
188. “Global Health Education and Reverse Fellowships” ACAPS 2014 Spring Retreat, Miami Florida, April 6, 2014.
189. “How the Wide Awake Approach is Changing Surgery and Hand Therapy” New Zealand Association of Hand Therapists, Queenstown New Zealand, April 13, 2014.

190. “Wide Awake Surgery for the Flexor Tendon Repairs and Tendon Transfers” New Zealand Society of Hand Surgery, Queenstown New Zealand, April 14, 2014.
191. “Pearls of Tendon Surgery” New Zealand Society of Hand Surgery, Queenstown New Zealand, April 14, 2014.
192. “Problems with Flexor Tendon Repairs” New Zealand Society of Hand Surgery, Queenstown, New Zealand, April 14, 2014.
193. “Case Based Finger Fractures” New Zealand Society of Hand Surgery, Queenstown, New Zealand, April 15, 2014.
194. “Current Surgical Management of Finger Fractures (excluding non-surgical)” New Zealand Society of Hand Surgery, Queenstown, New Zealand, April 15, 2014.
195. “How to Inject Local Anesthesia Almost Painlessly” New Zealand Society of Hand Surgery, Queenstown New Zealand, April 16, 2014.
196. “Dupuytren’s – Enzyme, Splinting or Surgery – Awake or Asleep” New Zealand Society of Hand Surgery, Queenstown, New Zealand, April 16, 2014.
197. “Pearls of Finger Problem Management” New Zealand Society of Hand Surgery, Queenstown, New Zealand, April 17, 2014.
198. “Fillers: Exactly where and how to inject to get optimal results and avoid problems” American Society of Aesthetic Plastic Surgeons, San Francisco, California, April 26, 2014.
199. “Comprehensive Breast Reduction (No Vertical and T Scar) in Mastopexy/Reduction: Evidence and Pearls” American Society for Aesthetic Plastic Surgery, San Francisco, California, April 25, 2014.
200. “Pearls and Pitfalls of How and Where to Inject Local Anesthesia Safely and with Minimal Pain” American Society for Surgery of the Hand, Boston Massachusetts, September 18, 2014.
201. “WALANT” American Society for Surgery of the Hand, Boston, Massachusetts, September 19, 2014.
202. “Treatment of Stage 3 and Stage 4 Thumb CMC Arthritis” American Society for Surgery of the Hand, Boston, Massachusetts, September 19, 2014.
203. “Clinical Consultation Corner” American Society for Surgery of the Hand, Boston, Massachusetts, September 19, 2014.

204. “Getting Better Results in Boutonniere Deformities with Relative Motion Flexion Splinting” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 2, 2014.
205. “Wide Awake Local Anesthesia No Tourniquet Technique” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 2, 2014.
206. “Decreasing Tendon Rupture and Tenolysis with Wide Awake Surgery” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 2, 2014.
207. “How the Wide Awake Approach is Changing Hand Surgery and Therapy” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 3, 2014.
208. “Lacertus Syndrome, A Commonly Missed and Misdiagnosed Median Nerve Entrapment Syndrome” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 3, 2014.
209. “Managing Boutonniere Deformities and Swan-neck Deformities” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 4, 2014.
210. “Better Results of Finger Fractures with Wide Awake Surgery and Early Protected Motion” Asian Pacific Federation of Societies for Surgery of the Hand, Kuala Lumpur, Malaysia, October 4, 2014.
211. “Details of Minimal Pain Local Anesthesia to Maximize the Surgeon/Patient Experience” American Society of Plastic Surgeons, Chicago, Illinois, October 11, 2014.
212. “Extensor Tendon Repair (Including the Relative Motion Splint Concept): This Will Change Your Practice” American Society of Plastic Surgeons, Chicago, Illinois, October 11, 2014.
213. “How to Edit Your Own Movies and Get Your Illustration Don for a Reasonable Fee to Help Your Paper Get Accepted” American Society of Plastic Surgeons, Chicago, Illinois, October 12, 2014.
214. “Case Discussion Lab Dupuytren’s Contracture” American Society of Plastic Surgeons, Chicago, Illinois, October 13, 2014.
215. “Wide Awake Hand Surgery” Argentinian Hand Society, Buenos Aires, Argentina, October 23, 2014.

216. “Better Results with Flexor Tendon Repair” Argentinian Hand Society, Buenos Aires, Argentina, October 23, 2014.
217. “Who Needs Therapy and Who Doesn’t: Practical Applications to Optimize Outcome” American Association for Hand Surgery, Nassau, Bahamas, January 21, 2015.
218. “911 Complications – When Bad Things Happen to Good People” American Association for Hand Surgery, Nassau, Bahamas, January 22, 2015.
219. “Wide Awake Local Anesthesia No Tourniquet (WALANT) for Elective and Traumatic Ambulatory Procedures” Pamela Youde Nethersole Eastern Hospital, Hong Kong, China, March 5, 2015.
220. “Ambulatory Wide Awake Hand Surgery” Pamela Youde Nethersole Eastern Hospital, Hong Kong, China, March 6, 2015.
221. “Special Tutorial on Hand Surgery” Prince of Wales Hospital, Hong Kong, China, March 7, 2015.
222. “Wide Awake Hand and Wrist Surgery 2.1. Details of Getting It Done” American Academy of Orthopedic Surgeons, Las Vegas, Nevada, March 26, 2015.
223. “Fillers-Exactly Where and How to Inject Them to Get Optimal Results and Avoid Problems” American Society of Aesthetic Plastic Surgeons, Montreal, Quebec, May 18, 2015.
224. “Avoiding Complications in Hand Surgery and Therapy” Hand Rehabilitation Foundation, Philadelphia, Pennsylvania, May 20, 2015.
225. “Wide Awake Hand Surgery” International Federation of Societies for Surgery of the Hand, South Asian Regional Hand Course, Coimbatore, India, July 3, 2015.
226. “My Way of Managing Tendon Injuries and Their Complications” International Federation of Societies for Surgery of the Hand, South Asian Regional Hand Course, Coimbatore, India, July 3, 2015.
227. “Boutonniere and Swan Neck Deformity Correction” International Federation of Societies for Surgery of the Hand, South Asian Regional Hand Course, Coimbatore, India, July 3, 2015.
228. “Avoiding and Managing Flexor Tendon Injuries” International Federation of Societies for Surgery of the Hand, South Asian Regional Hand Course, Coimbatore, India, July 3, 2015.

229. “Tumescent Local Anesthesia for Wide Awake Hand Surgery” Graduate School of Medicine, University of Ryukyus, Okinawa, Japan, July 30, 2015.
230. “Avoiding Complications in Hand Surgery” Graduate School of Medicine, University of Ryukyus, Okinawa, Japan, July 30, 2015.
231. “Tumescent Local Anesthesia for Wide Awake Hand Surgery” The 5th International Symposium on Musculoskeletal System and Pain, Tokyo, Japan, August 1, 2015.
232. “Avoiding Complications in Hand Surgery” The 5th International Symposium on Musculoskeletal System and Pain, Tokyo, Japan, August 1, 2015.
233. “Tips and Pearls of Wide Awake Tendon Surgery” American Society for Surgery of the Hand, Seattle Washington, September 10, 2015.
234. “Global Perspectives in Hand Surgery: A Canadian Perspective” American Society for Surgery of the Hand, Seattle, Washington, September 10, 2015.
235. “Achieving the Optimal Epinephrine Effect with Local Anesthesia in Hand Surgery” American Society for Surgery of the Hand, Seattle, Washington, September 12, 2015.
236. “Reduce, Recycle, Reuse” American Society of Hand Therapists, Denver Colorado, October 9, 2015
237. “Management of Tendon Injuries” American Society of Hand Therapists, Denver, Colorado, October 9, 2015.
238. “How to Decrease Your Hand Surgery Complication Rate with the Wide Awake Approach” American Society of Plastic Surgeons, Boston, Massachusetts, October 16, 2015.
239. “Extensor Tendon Repair and Management, Including the Relative Motion Splint Concept” American Society of Plastic Surgeons, Boston, Massachusetts, October 18, 2015.
240. “Wide Awake Hand Surgery Improves Results in Therapy for Fractures, Tendon Transfers and Tendon Repairs” American Society of Plastic Surgeons, Boston, Massachusetts, October 18, 2015.
241. “Details of Minimal Pain Local Anesthesia to Maximize Surgeon/Patient Experience” American Society of Plastic Surgeons, Boston, Massachusetts, October 18, 2015.

242. "Toxins and Fillers, Complications and Staying Out of Trouble" American Society of Plastic Surgeons, Boston, Massachusetts, October 20, 2015.
243. "How Many Trigger Fingers Get Better if You Do Not Operate on Them" (*Poster Presentation*) American Association of Hand Surgeons, Scottsdale, Arizona, January 13-16, 2016.
244. "Achieving the Optimal Epinephrine Effect in Wide Awake Hand Surgery Using Local Anesthesia Without a Tourniquet" (*Poster Presentation*) American Association of Hand Surgeons, Scottsdale, Arizona, January 13-16, 2016.
245. "Comprehensive Wide Awake Hand Surgery Course" American Association of Hand Surgeons, Scottsdale, Arizona, January 12, 2016.
246. "Myth Busters" American Association of Hand Surgeons, Scottsdale, Arizona, January 13, 2016.
247. "PIP Central Slip and Fracture Lesions: Many Different Approaches" American Association of Hand Surgeons, Scottsdale, Arizona, January 14, 2016.
248. "Level I Evidence: How Much Volume of Local and How Long Should You Wait for an Effective Median Nerve Block?" American Association of Hand Surgeons, Scottsdale, Arizona, January 15, 2016.
249. "Solving the Chronic Boutonniere" Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 12, 2016.
250. "Yoke Splint" Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 12, 2016.
251. "Solving Some Problems in Tenolysis" Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 12, 2016.
252. "Avoiding Complications in Finger Fractures" Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 12, 2016.
253. "Restoring Balance With Relative Motion Splinting" Philadelphia Hand Meeting, March 12, 2016.
254. "Wide Awake Flexor Repair, Tendon Transfer and Pearls of Hand Surgery" New South Wales Hand Association, Sydney, Australia, April 20, 2016.
255. "Solving Boutonniere and Hand Pain Problems, by Restoring Balance with Relative Motion Splint" Victorian Society for Surgery of the Hand, Melbourne, Australia, April 21, 2016.

256. “Wide Awake Surgery: A Change to Help financially Sustainable Surgery” South Australian Hand Society, Adelaide, Australia, April 26, 2016.
257. “How WALANT is Changing Hand Surgery and Hand Therapy WALANT (wide awake local anesthesia no tourniquet)” South Australian Hand Society, Adelaide, Australia, April 26, 2016.
258. “Pearls of Hand surgery and Hand Therapy” Western Australia Society for Surgery of the Hand, Perth, Australia, April 29, 2016.
259. “How WALANT is Changing Hand Surgery and Hand Therapy WALANT (wide awake local anesthesia no tourniquet)” Western Australia Society for Surgery of the Hand, Perth, Australia, April 29, 2016.
260. “Getting Better Results with Wide Awake Flexor Tendon Surgery” Australian Society of Plastic Surgeons, Brisbane, Australia, May 3, 2016.
261. “Getting the Tension Right in Wide Awake Tendon Transfers” Australian Society of Plastic Surgeons, Brisbane, Australia, May 4, 2016.
262. “Safe Adrenaline in the Finger has Evolved Tourniquet/Sedation-Free Wide Awake Hand Surgery” Australian Society of Plastic Surgeons, Brisbane, Australia, May 5, 2016.
263. “Wide Awake Tourniquet/Sedation Free Carpal, Cubital and Lacertus Tunnel Surgery” Australian Society of Plastic Surgeons, Brisbane, Australia, May 5, 2016.
264. “Tips on Avoiding Complications in Plastic Surgery” American Association of Plastic Surgeons, New York, New York, May 19, 2016.
265. “Dumb Things I Once Thought Were Smart” American Association of Plastic Surgeons, New York, New York, May 19, 2016.
266. “Best Practices for Perioperative Issues” American Association of Plastic Surgeons, New York, New York, May 20, 2016.
267. “Local Anesthesia, What Can We Reasonably Accomplish In Our Office” American Association of Plastic Surgeons, New York, New York, May 21, 2016.
268. “Getting Started With Wide Awake Hand Surgery in Your Practice” Federation of European Societies for Surgery of the Hand, Santander, Spain, June 22, 2016.
269. “How the Wide Awake Approach is Changing Hand Surgery” Federation of European Societies for Surgery of the Hand, Santander, Spain, June 22, 2016.

270. “Principles of Hand and Finger Fractures Treatments” Trauma and Orthopedic Clinical Meeting, Kumasi, Ghana, September 5, 2016.
271. “Plastic Surgery, Minimal Pain Injection of Tumescent Local Anesthesia- Decreasing the Need for Sedation and General Anesthesia” General Rounds, Kumasi, Ghana, September 6, 2016.
272. “How Canada has Moved Some Surgery out of the Main Operating Rooms to Minor Procedure Rooms” Directorate Hospital Administration Meeting, Kumasi, Ghana, September 7, 2016.
273. “Wound Management and Minimal Pain Local Anesthetic” Trauma and Emergency Grand Rounds, Kumasi, Ghana, September 8, 2016.
274. “Pearls of Hand and Plastic Surgery” Grand Surgical Rounds, Kumasi, Ghana, September 9, 2016.
275. “Tips and Tricks in Fractures and Ligamentous Lesions of the PIP and DIPS Joints” German Society for Surgery of the Hand, Frankfurt, Germany, September 22, 2016.
276. “Tips and Tricks with Wide Awake Flexor Tendon Repair and Reconstruction” German Society for Surgery of the Hand, Frankfurt, Germany, September 23, 2016.
277. “History of Wide-Awake Surgery (WALANT) Wide Awake Local Anesthesia No Tourniquet” German Society for Surgery of the Hand, Frankfurt, Germany, September 23, 2016.
278. “How and Why You Can and Should Start Doing Your CMC Arthritis Surgery Under Local Anesthesia” American Society for Surgery of the Hand, Austin, Texas, September 29, 2016.
279. “Avoiding and Treating Complications of Carpal Tunnel Surgery” American Society for Surgery for the Hand, Austin, Texas, September 30, 2016.
280. “The Use of Wide Awake Local Anesthesia No Tourniquet in Proximal Nerve Compression” American Society for Surgery of the Hand, Austin, Texas, September 30, 2016.
281. “Tips and Tricks to Obtaining the Better Outcomes with Hand Therapy” American Society for Surgery of the Hand, Austin, Texas, September 30, 2016.
282. “My Top Disaster in Hand Surgery” American Society for Surgery of the Hand, Austin, Texas, September 30, 2016.

283. “Lessons Learned in the Delivery of WALANT Hand Surgery: Pearls to Optimize Patient Care and Satisfaction” American Society for Surgery of the Hand, Austin, Texas, September 30, 2016.
284. “Maximizing Efficiency and Financial Gain in Your Practice: Intraoperative Tips” American Society for Surgery of the Hand, Austin, Texas, October 1, 2016.
285. “How Wide Awake Repair is Changing Rehabilitation” International Federation of Societies for Hand Surgery, Buenos Aires, Argentina, October 25, 2016.
286. “East and West. Tips and Tricks for Doing Wide Awake Hand Surgery” International Federation of Societies for Hand Surgery, Buenos Aires, Argentina, October 26, 2016.
287. “My Favorite relative Motion Videos” International Federation of Societies for Hand Surgery, Buenos Aires, Argentina, October 26, 2016.
288. “Pearls in Hand Surgery” Korean Society for Surgery of the Hand, Seoul, Korea, November 7, 2016.
289. “Pearls in Hand Surgery” Chonbuk University Hospital, Jeonju, Korea, November 8, 2016.
290. “Pearls in Hand Surgery” Pusan Nation University Hospital, Busan, Korea, November 9, 2016.
291. “Pearls in Hand Surgery” Daegu Hand Society, Daegu, Korea, November 10, 2016.
292. “How Wide Awake Hand Surgery is Improving Results and Decreasing Complications” Korean Society for Surgery of the Hand, Seoul, Korea, November 12, 2016.
293. “Comprehensive Wide-Awake Hand Surgery Course” American Association for Hand Surgery, Waikoloa, Hawaii, January 10, 2017.
294. “Worst Complications” American Association for Hand Surgery, Waikoloa, Hawaii, January 11, 2017.
295. “The Challenge of Solving Boutonniere and Swan Neck Deformities: What We’ve Learned From Our Mistakes” American Association for Hand Surgery, Waikoloa, Hawaii, January 11, 2017.
296. “Jersey Fingers: Tricks for Getting the Tendon out to Length” American Society for Surgery of the Hand, San Diego, California, March 18, 2017.

297. “Post Fracture Extensor Tendon Adhesions” American Society for Surgery of the Hand, San Diego, California, March 18, 2017.
298. “Reverse Relative Motion Splinting for Boutonniere Injuries – Does it Work?” American Society for Surgery of the Hand, San Diego, California, March 18, 2017.
299. “How WALANT is Changing Hand Surgery and Hand Therapy” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, March 30, 2017.
300. “Solving Boutonniere and Hand Pain Problems by Restraining Balance” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, March 30, 2017.
301. “Things You Should Know About Hand Surgery That You May Not” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, March 30, 2017.
302. “General Principles” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, April 1, 2017.
303. “Tendons” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, April 1, 2017.
304. “Nerve Decompression” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, April 1, 2017.
305. “Fractures” Brazilian Society for Hand Surgery, Belo Horizonte, Brazil, April 1, 2017.
306. “Wide Awake Cosmetic Surgery and Minimal Pain Filler Injection” American Society for Aesthetic Plastic Surgery, San Diego, California, April 28, 2017.
307. “Wide Awake Hand Surgery” *Key note Speaker* International Orthopedic Congress, Dubai, United Arab Emirates, May 19, 2017.
308. “Getting Started With Wide Awake Hand Surgery in Your Practice” International Orthopedic Congress, Dubai, United Arab Emirates, May 19, 2017.
309. “How WALANT is Changing Hand Surgery and Hand Therapy” International Orthopedic Congress, Dubai, United Arab Emirates, May 19, 2017.
310. “The Pencil Test for Treating Hand Pain” Physiotherapy and Occupational Therapy Symposium, Dubai, United Arab Emirates, May 19, 2017.
311. “Clinical Discussion: Therapist Management of Flexor Tendons Using True Active Movement. Our Hospital Protocol” Physiotherapy and Occupational Therapy Symposium, Dubai, United Arab Emirates, May 20, 2017.

312. “Early Active Movement of Finger Fractures” Physiotherapy and Occupational Therapy Symposium, Dubai, United Arab Emirates, May 20, 2017.
313. “Things You Should Know About Hand Therapy and May Not” Physiotherapy and Occupational Therapy Symposium, Dubai, United Arab Emirates, May 20, 2017.
314. “Early Protective Movement of Hand Fractures” Physiotherapy and Occupational Therapy Symposium, Dubai, United Arab Emirates, May 20, 2017.
315. “Relative Motion Splinting is Changing Hand Therapy” Physiotherapy and Occupational Therapy Symposium, Dubai, United Arab Emirates, May 20, 2017.
316. “Early Protected Movement and Pain Guided Therapy in K-Wired finger Fractures” New Technology in Upper Extremity Surgery: The Cutting Edge with Advancing Transitional Research, Cleveland Clinic, Cleveland, Ohio, June 5, 2017.
317. “Big Changes, Better Results In Hand Therapy and Surgery” 2017 Anita Moss Lecture, New Technology in Upper Extremity Surgery: The Cutting Edge with Advancing Transitional Research, Cleveland Clinic, Cleveland Ohio, June 5, 2017.
318. “Details of Minimal Pain Efficient Safe Local Injection, Trapeziectomy, Tendon Transfer and Other Procedures” Federation of European Societies for Surgery of the Hand, Budapest, Hungary, June 23, 2017.
319. “Cases of Early Infectious Flexor Tenosynovitis Treated Non-surgically with Antibiotics, Immobilization and Elevation” American Society for Surgery of the Hand (*poster presentation*), San Francisco, California, September, 2017.
320. “Wide-Awake Surgery: Video Demonstration, Pearls and Pitfalls” American Society for Surgery of the Hand, San Francisco, California, September 6, 2017.
321. “Pros and Cons Technical Tips in Flexor Tendon Repair: A Point-Counterpoint Presentation Disputing the Need for Preserving the A2 and A4 in Certain Situations” American Society for Surgery of the Hand, San Francisco, California, September 6, 2017.
322. “Pearls to Get Better Outcomes in Extensor Tendon Injuries and Late Deformities” American Society for Surgery of the Hand, San Francisco, California, September 7, 2017.
323. “Clinical Consultation Corner” American Society for Surgery of the Hand, San Francisco, California, September 8, 2017.

324. “Atypical Nerve Compression/The Skeptical Patient” American Society for Surgery of the Hand, San Francisco, California, September 8, 2017.
325. “Pearls to Optimize Patient care and Satisfaction with Clinic-Based Wide-Awake Hand Surgery” American Society for Surgery of the Hand, San Francisco, California, September 8, 2017.
326. “How To Talk To Hand Surgery Patients About Post-Operative Pain Management” American Society for Surgery of the Hand, San Francisco, California, September 9, 2017.
327. “From the Main Operating Room with Full Sterility to WALANT With Field Sterility In The Clinic: The Saint John Evolution” American Society for Surgery of the Hand, San Francisco, California, September 9, 2017.
328. “What’s New In Hand Surgery” Central Japan Association of Orthopedic Surgery and Traumatology, Toyama, Japan, October 6, 2017.
329. “Tips in Performing Wide Awake Tenolysis and Tendon Transfer for Better Outcomes” Italian Society for Hand Surgery, Modena, Italy October 12, 2017.
330. “Tips in Getting Better Results in Finger Fractures with Wide Awake Surgery” Italian Society for Hand Surgery, Modena, Italy, October 14, 2017.
331. “Managing Nerve Compression Syndromes” Asia Pacific Federation of Societies for Surgery of the Hand, Cebu, Philippines, November 8, 2017.
332. “What’s New and What Works in Swan Neck, Boutonniere & PIP Extensor Lag” Asia Pacific Federation of Societies for Surgery of the Hand, Cebu, Philippines, November 9, 2017.
333. “Anatomy of How Relative Motion Splinting Solves Problems” Asia Pacific Federation of Societies for Surgery of the Hand, Cebu, Philippines, November 9, 2017.
334. “Repair of Tendon Injuries Using WALANT” Asia Pacific Federation of Societies for Surgery of the Hand, Cebu, Philippines, November 9, 2017.
335. “Getting the Right Tension in Selected Tendon Transfers” Asia Pacific Federation of Societies for Surgery of the Hand, Cebu, Philippines, November 9, 2017.
336. “Tenolysis after Primary and Secondary Tendon Repairs” Asia Pacific Federation of Societies for Surgery of the Had, Cebu, Philippines, November 9, 2017.

337. “Wide Awake Surgery: Clinical experience and Complications” Asia Pacific Federation of Societies for Surgery of the Hand, Cebu, Philippines, November 10, 2017.
338. “Wide Awake Hand Surgery” The French Society for Surgery of the Hand , Paris, France, December 18, 2017.
339. “Wide Awake Flexor Tendon Surgery” The French Society for Surgery of the Hand, Paris, France, December 19, 2017.
340. “Wide-Awake Tendon Surgery- Tendon Repair, Reconstruction, Transfer and Tenolysis” American Association for Hand Surgery, Phoenix, Arizona, January 10, 2018.
341. “Wide-Awake Surgery 101 – How to Implement in Your Practice” American Association for Hand Surgery, Phoenix, Arizona, January 10, 2018.
342. “How to Inject Local Anesthesia with Minimal Pain to Avoid the Tourniquet and Sedation for most Extremity Trauma Management” The Icelandic Hand Surgery Society, Reykjavik, Iceland, January 26, 2018.
343. “Specifics of Wide Awake Tendon Repair, Tenolysis, and Transfer Surgery” The Icelandic Hand surgery Society, Reykjavik, Iceland, January 26, 2018.
344. “Specifics of Wide Awake Nerve Decompression, Trapeziectomy, and Other Operations” The Icelandic Hand Surgery Society, Reykjavik, Iceland, January 26, 2018.
345. “Flexor Tendon Repair “In No Man’s Land, Does the Number of Core Sutures Really Matter?” American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 10, 2018.
346. “Surgical Treatment of “Fight Bites” and Suppurative Flexor Tenosynovitis in the ER, American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 10, 2018.
347. “Pain Guided Early Motion with K-Wired Finger Fractures” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.
348. “WALANT - Wide Awake; No Anesthesia; No Tourniquet Technique” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.
349. “Half a Fist of True Active Movement vs. Full Fist Place and Hold” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.
350. “Dorsal Boutonniere Deformities” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.

351. “Cases for Congress” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.
352. “Cover Your Ass: Soft Tissue Coverage of the Upper Extremity” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.
353. “The Cortisone Shot” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 24, 2018.
354. “The Relative Motion Concept for Extensor Tendon Injury: Is That All There Is?” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 25, 2018.
355. “What Say You? A Lightning Round Panel” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 25, 2018.
356. “Amnion Membrane, Collagenase, Skin Substitutes, PRP” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 25, 2018.
357. “Pronator Release” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 26, 2018.
358. “Tumors of the Distal Finger” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 25, 2018.
359. “Getting Started with WALANT” Philadelphia Hand Meeting, Philadelphia, Pennsylvania, March 25, 2018.
360. “Local Anesthesia: What Can We Reasonably Accomplish in Our Office” American Association of Plastic Surgeons, Seattle, Washington, April 7, 2018.
361. “Wide Awake Cosmetic Surgery and Minimal Pain Filler Injections” American Society of Aesthetic Plastic Surgeons, New York, New York, April 28, 2018.
362. “General Principles of Wide Awake Surgery” Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, June 7, 2018.
363. “Better Results with Wide Awake Flexor Tendon Repair” Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, June 7, 2018.
364. “How the Wide Awake Approach is Changing Extensor Tendon Management” Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, June 7, 2018.
365. “Better Results in Tenolysis” Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, June 7, 2018.

366. “Improving Tendon Transfers using the Wide Awake Approach” Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, June 7, 2018.
367. “How Hand Therapy is Changing Because of the Wide Awake Approach” Argentinian Society for Surgery of the Hand, Buenos Aires, Argentina, June 7, 2018.
368. “Getting Better Results with Wide Awake Surgery” Federation of European Societies for Surgery of the Hand, Copenhagen, Denmark, June 14, 2018.
369. “Solving Boutonniere, PIP Joint Extensor Lag and Hand Pain Problems with Relative Motion Splinting” Federation of European Societies for Surgery of the Hand, Copenhagen, Denmark, June 15, 2018.
370. “PIP Problems after Trauma and Surgery, Pearls and Tricks for Success” Federation of European Societies for Surgery of the Hand, Copenhagen, Denmark, June 15, 2018.
371. “Getting Better Results with Wide Awake Hand Surgery” Columbian Society for Surgery of the Hand, Medellin, Columbia, August 24, 2018.
372. “How to do Wide Awake Hand Surgery with Minimal Pain” Columbian Society for Surgery of the Hand, Medellin, Columbia, August 25, 2018.
373. “Flexor Tendon Repairs and Rehabilitation” Columbian Society of Hand Therapists, Medellin, Columbia, August 25, 2018.
374. “Practical Tips to Avoid Complications in Hand Surgery” American Society for Surgery of the Hand, Boston, Massachusetts, September 12, 2018.
375. “Flexor Tendon Repair – Zone IFDP Injury” American Society for Surgery of the Hand, Boston Massachusetts, September 13, 2018.
376. “Clinical Consultation Corner” American Society for Surgery of the Hand, Boston, Massachusetts, September 13, 2018.
377. “The Skeptical Patient” American Society for Surgery of the Hand, Boston, Massachusetts, September 13, 2018.
378. “Non-Operative Management: Patient Selection and Techniques” American Society for Surgery of the Hand, Boston, Massachusetts, September 14, 2018.
379. “State of the Art Flexor Tendon Repair” American Society for Surgery of the Hand, Boston, Massachusetts, September 14, 2018

380. "Wide Awake Surgery: How to Implement a Program" American Society for Surgery of the Hand, Boston, Massachusetts, September 15, 2018.
381. "Stump the Professors" American Society for Surgery of the Hand, Boston, Massachusetts, September 15, 2018.
382. "Relative Motion Splints" American Society of Hand Therapists, Dallas Texas, September 20, 2018.
383. "Relative Motion Splinting: Your New Cornerstone Tool" American Society of Hand Therapists, Dallas, Texas, September 21, 2018.
384. "Reaching a Tipping Point: WALANT and True Active Movement for Flexor Tendon Management" American Society of Hand Therapists, Dallas, Texas, September 21, 2018.
385. "Pain Guided Fracture Management: Driving Your Practice with Clinical Reasoning" American Society for Hand Therapists, Dallas, Texas, September 22, 2018.
386. "Hand Cadaver Lab Demonstration" American Society of Plastic Surgeons, Chicago, Illinois, September 29, 2018.
387. "Extensor Tendon Repair and Management, Including the Relative Motion Splint Concept" American Society of Plastic Surgeons, Chicago, Illinois, September 30, 2018.
388. "Tips for Success in Flexor Tendon, Finger fracture, Dupuytren's and WALANT" American Society of Plastic Surgeons, Chicago, Illinois, October 1, 2018.
389. "How to Improve and Expand What You do with Minimal Pain Local Anesthesia Injection" American Society of Plastic Surgeons, Chicago, Illinois, October 1, 2018.
390. "Wide Awake Hand Surgery Course" Italian Society for Surgery of the Hand, Pordenone, Italy, October 3, 2018.
391. "How to Minimally Inject Local Anesthesia to Perform Most Hand Surgery" Barcelona "Fun" Hand Meeting, Barcelona, Spain, October 25, 2018.
392. "Better Results with Wide Awake Flexor Tendon Repair" Barcelona "Fun" Hand Meeting, Barcelona, Spain, October 25, 2018.
393. "WALANT Nerve Compression Surgery" Barcelona "Fun" Hand Meeting, Barcelona, Spain, October 25, 2018.

394. “How the Wide Awake Approach to Hand Surgery is Improving Hand Therapy” Barcelona “Fun” Hand Meeting, Barcelona, Spain, October 26, 2018.
395. “How the Wide Awake Approach is Changing Extensor Tendon Management” Barcelona “Fun” Hand Meeting, Barcelona, Spain, October 26, 2018.
396. “Pearls of Hand Surgery” Barcelona “Fun” Hand Meeting, Barcelona, Spain, October 26, 2018.
397. “Wide Awake Tendon Transfers” Barcelona “Fun” Hand Meeting, Barcelona, Spain, October 27, 2018.
398. “Wide-Awake Hand Surgery Day Course” French Society for Surgery of the Hand, Paris, France, December 19, 2018.
399. “Tips on Improving Your WALANT Carpal Tunnel Release” American Association for Hand Surgery, Palm Springs, California, January 30, 2019.
400. “How and Why to do WALANT Lacertus Release: The “New Carpal Tunnel at the Elbow” American Association for Hand Surgery, Palm Springs, California, January 31, 2019.
401. “How to Inject Minimally Painful Local Anesthesia in WALANT to Perform most Hand Surgery Safely” South African Society for Surgery of the Hand, Pretoria, South Africa, February 23, 2019.
402. “Early Protected Movement After Wide Awake Finger Fracture Repair, Relative Motion Splinting for Hand Pain and Extensor Lag, Boutonniere and other new Concepts in Hand Surgery and Therapy” South African Society for Surgery of the Hand, Pretoria, South Africa, February 23, 2019.
403. “Better Results in Tendon Surgery with Awake Patients” South African Society for Surgery of the Hand, Pretoria, South Africa, February 24, 2019.
404. “Evidence Based Sterility and Wide Awake Surgery: The Canadian Model of Hand Care” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.
405. “How to Inject Minimally Painful Local Anesthesia Safely with WALANT to Perform most Hand Surgery” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.
406. “Flexor Tendon Repair, Tenolysis and Tendon Transfer” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.

407. “Managing Extensor Tendon Injuries for Better Results” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.
408. “How to Manage Hand and Finger Fractures to Prevent Stiffness” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.
409. “Pearls of Hand Surgery I” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.
410. “Pearls of Hand Surgery II” Chilean Society for Surgery of the Hand, Santiago, Chile, May 24, 2019.
411. “Early Protected Movement in Finger Fractures” Tianjin Hospital, Tianjin, China, June 4, 2019.
412. “Relative Motion Splinting” Tianjin Hospital, Tianjin, China, June 4, 2019.
413. “Pearls of Hand Surgery” Jinan Hospital, Jinan, China, June 5, 2019.
414. “What’s New in WALANT?” International Wide Awake Hand Surgery Symposium, Pre-Congress IFSSH Meeting, Tianjin, China, June 7, 2019.
415. “Wide Awake Hand Surgery Part I” International Wide Awake Hand Surgery Symposium, Pre-Congress IFSSH Meeting, Tianjin, China, June 8, 2019.
416. “Wide Awake Hand Surgery Part II” International Wide Awake Hand Surgery Symposium, Pre-Congress IFSSH Meeting, Tianjin, China, June 8, 2019.
417. “What has Changed in Tendon Surgery Since the Millennium?” International Federation of Societies for Surgery of the Hand, Berlin, Germany, June 18, 2019.
418. “How Hand Therapists Can Manage Complex Finger Wounds with a Simple Technique” International Federation of Societies for Surgery of the Hand, Berlin, Germany, June 18, 2019.
419. “Current, Most Important Details to Ensure Best Results in WALANT Surgery” International Federation of Societies for Surgery of the Hand, Berlin, Germany, June 19, 2019.
420. “My Best Tips and Tricks to Get Better Results in Flexor Tendon Repairs” International Federation of Societies for Surgery of the Hand, Berlin, Germany, June 19, 2019.
421. “Relative Motion Orthosis: Case Report Videos” International Federation of Societies for Surgery of the Hand, Berlin, Germany, June 21, 2019.

422. “Extensor Tendon Zones 3 – 7” International Federation of Societies for Surgery of the Hand, Berlin, Germany, June 21, 2019.
423. “How the WALANT Technique Has Changed Hand Surgery” Orthopedic and Traumatology Society of Rio Grande do Sul, Bento Goncalves, Brazil, July 12, 2019.
424. “WALANT in Fractures and Early Mobilization” Orthopedic and Traumatology Society of Rio Grande do Sul, Bento Goncalves, Brazil, July 12, 2019.
425. “New Trends in the Approach to Flexor and Extensor Tendon Surgery” Orthopedic and Traumatology Society of Rio Grande do Sul, Bento Goncalves, Brazil, July 12, 2019.
426. “How to Get Less Complications in Hand Surgery” Orthopedic and Traumatology Society of Rio Grande do Sul, Bento Goncalves, Brazil, July 12, 2019.
427. “How to Improve the Results in Tenolysis and Tendon Transfers” Orthopedic and Traumatology Society of Rio Grande do Sul, Bento Goncalves, Brazil, July 12, 2019.
428. “How to Get Better Results with WALANT Flexor and Extensor Tendon Repair” Scandinavian Hand Society Congress, Tallinn, Estonia, August 21, 2019.
429. “Better Results with WALANT Fracture, Joint, Tenolysis and Tendon Transfer Surgery” Scandinavian Hand Congress, Tallinn, Estonia, August 21, 2019.
430. “Managing Boutonniere and Hand Pain with Relative Motion Splinting” Scandinavian Hand Congress, Tallinn, Estonia, August 21, 2019.
431. “How to Inject Minimally Painful Tumescent Local Anesthesia to Perform Most Hand Surgery Safely with No Tourniquet and No Sedation” Scandinavian Hand Congress, Tallinn, Estonia, August 21, 2019.
432. “WALANT 2.0 New Videos You Will Learn From” ASSH Precourse, American Society for Surgery of the Hand, Las Vegas, Nevada, September 5, 2019.
433. “Flexor Tendon Repair: Why Research Should Change Your Practice” American Society for Surgery of the Hand, Las Vegas, Nevada, September 5, 2019.
434. “CMC Arthritis-Surgical Management in 2019” American Society for Surgery of the Hand, Las Vegas, Nevada, September 5, 2019.
435. “How My Research Changed My Practice” American Society for Surgery of the Hand, Las Vegas, Nevada, September 5, 2019.

436. "Use of Wide Awake Anesthesia in Basal Joint Reconstruction" American Society for Surgery of the Hand, Las Vegas, Nevada, September 5, 2019.
437. "Controversies in Hand Surgery" American Society for Surgery of the Hand, Las Vegas, Nevada, September 7, 2019.
438. "Repair and Rehabilitation After Zone 2 Injury-What's New?" American Society for Surgery of the Hand, Las Vegas Nevada, September 7, 2019.
439. "Wide Awake Flexor Tendon Repair" What's Up Video Link, Barcelona, Spain, September 12, 2019.
440. "Tips and Tricks for Better Results with WALANT Tendon Surgery" American Society of Plastic Surgeons, San Diego, California, September 21, 2019.
441. "Wide Awake Anesthesia in Facial Aesthetics" American Society of Plastic Surgeons, San Diego, California, September 23, 2019.
442. "Decreasing Opioid Use, Peri-Operative Pain Control in Hand Surgery" American Society of Plastic Surgeons, San Diego, California, September 23, 2019.
443. "WALANT for Tendon Repair" Korean Society for Surgery of the Hand, Seoul South Korea, November 1, 2019.
444. "Evidence Based Sterility and Wide-Awake Surgery, The Canadian Model of Hand Care" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.
445. "How to Inject Minimally Painful Local Anesthesia to Safely Perform Most Hand Surgery with WALANT" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.
446. "WALANT Flexor Tendon Repair, Tenolysis and Tendon Transfer" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.
447. "Managing Extensor Tendon Injuries with WALANT for Better Results" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.
448. "How to Manage Hand and Finger Fractures with WALANT to Prevent Stiffness" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.
449. "Carpal, Cubital and Lacertus Nerve Decompression with WALANT" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.
450. "Pearls of Hand Surgery II" Korean Society for Surgery of the Hand, Seoul, South Korea, November 2, 2019.

NATIONAL PRESENTATIONS

1. “Role of Bone Scans in Bone Grafts” International Confederation for Plastic, Reconstructive and Aesthetic Surgery, Montreal, Quebec, 1983.
2. “Microvascularized Bone Grafts” Quebec Association of Plastic Surgeons, La Sapiniere, Quebec, 1983.
3. “Microvascularized Bone Grafts” Saint John Regional Hospital Grand Rounds, Saint John, New Brunswick, 1984.
4. “Neurovascular Injuries” Dr. Everett Chalmers Hospital Clinical Day, Fredericton, New Brunswick, 1985.
5. “Burns” Victorian Order of Nurses Seminar, Saint John, New Brunswick, 1985.
6. “Free Tissue Transfers” Saint John Regional Hospital Skeletal Rounds, 1985.
7. “First Aid for Burn Patients” Volunteer Ambulance Group, Westfield, New Brunswick, 1986.
8. “Patients with Facial and Hand Fractures” Volunteer Ambulance Group, Westfield, New Brunswick, 1986.
9. “Medicine as a Career” Saint John High School, Saint John, New Brunswick, 1986.
10. “Tendon Repairs” Workers’ Rehabilitation Unit Treatment Staff, Grand Bay, New Brunswick, 1986.
11. “Microsurgery” Saint John Dental Society, Saint John, New Brunswick, 1986.
12. “Facial Trauma and Reconstruction” Canadian Association of Medical and Radiation Technologists, Saint John, New Brunswick, 1987.
13. “Tendon Repairs, Two Stage Tendon Reconstruction and Reimplantation” Hand Workshop Occupational Therapists’ Association, Saint John, New Brunswick, 1987.
14. “Facial Trauma and Reconstruction” New Brunswick X-Ray Technicians and Technologists, Saint John, New Brunswick, 1987.

15. “Bone Scans” Saint John Regional Hospital Musculoskeletal Rounds, Saint John, New Brunswick, 1987.
16. “Soft Tissue Expanders” Saint John Regional Hospital Occasion for Learning Seminar, Saint John, New Brunswick, 1987.
17. “Tumors-Bone” Saint John Regional Hospital Musculoskeletal Rounds, Saint John, New Brunswick, 1988.
18. “Swan Ganz Catheters” Saint John Regional Hospital Burn Unit Rounds, Saint John, New Brunswick, 1988.
19. “Reflex Sympathetic Dystrophy” Saint John Regional Hospital Hand Therapists, Saint John, New Brunswick, 1988.
20. “Burns” Saint John Regional Hospital Emergency Department, Saint John, New Brunswick, 1988.
21. “Head and Neck Reconstruction after Cancer Resection” Saint John Regional Hospital Surgical Grand Rounds, Saint John, New Brunswick, 1989.
22. “Medicinal Use of Leeches in Surgery” Canadian Society of Hospital Pharmacists, Saint John, New Brunswick, 1989.
23. “Hand Fractures” Canadian Association of Medical Radiation Technologists, Saint John, New Brunswick, 1989.
24. “Anatomy and Assessment of Nerve Injury” Saint John Regional Hospital Upper Extremity Seminar, Saint John, New Brunswick, 1989.
25. “Laser Surgery” Dalhousie University Plastic Surgery Department, Halifax, Nova Scotia, 1989.
26. “What’s New in Plastic Surgery? A Look at 10 Years Past” Medical Alumni Queen’s University, Kingston, Ontario, 1989.
27. “Facial Fractures” Saint John Regional Hospital Musculoskeletal Rounds, Saint John, New Brunswick, 1990.
28. “Use of the Tendon Approximator in Determining Length of the Tendon Transfer of Extensor Indicis Proprius to the Extensor Pollicis Longus” Canadian Hand Society, Moncton, New Brunswick, June 1990.
29. “Sun & Skin” Saint John Women’s Physicians, Saint John, New Brunswick, 1990.

30. "Microsurgery" Saint John Regional Hospital Plastic Surgery Workshop, Saint John, New Brunswick, 1990.
31. "Hand Fractures" Saint John Regional Hospital Orthopedic Workshop, Saint John, New Brunswick, 1990.
32. "Reconstruction of Heel and Plantar Foot" Saint John Regional Hospital Musculoskeletal Day, Saint John, New Brunswick, 1990.
33. "Development of Surgical Instruments" Dalhousie University Department of Surgery Residents Research Day, Halifax, Nova Scotia, May 1991.
34. "Microsurgery" Dr. Everett Chalmers Hospital Reconstructive Surgery Workshop, Fredericton, New Brunswick, 1991.
35. "Wound Care" Saint John Regional Hospital School of Nursing, Saint John, New Brunswick, 1991.
36. "Skin Cancer" Saint John Regional Hospital School of Nursing, Saint John, New Brunswick, 1991.
37. "Skin Cancer" St. Joseph's Hospital Surgical Grand Rounds, Saint John, New Brunswick, 1992.
38. "Surgical Management of the Rheumatoid Hand and Wrist" Saint John Regional Hospital Department of Occupational and Physiotherapy, Saint John, New Brunswick, 1992.
39. "Skin Cancer and Wound Healing" Saint John Regional Hospital school of Nursing, Saint John, New Brunswick, 1992.
40. "Current Controversies in Breast Reconstruction" Saint John Regional Hospital Surgical Grand Rounds, Saint John, New Brunswick, 1992.
41. "Skin Lesions-Diagnosis and Management" Dalhousie University Community Health Program, Sussex, New Brunswick, 1992.
42. "Wound Management" St. Joseph's Hospital Out-Patient Department Nursing, Saint John, New Brunswick, 1992.
43. "Pearls from New Orleans" Atlantic Society of Plastic Surgeons, November 1993.
44. "Wound Care" Saint John Regional Hospital School of Nursing, Saint John, New Brunswick, 1993.

45. "Skin Cancer" Saint John Regional Hospital School of Nursing, Saint John, New Brunswick, 1993.
46. "Management of Melanoma" College of Family Physicians of Canada, Saint John, New Brunswick, 1993.
47. "Prevention of Skin Cancer" Saint John Regional Hospital Orthopedic Workshop, Saint John, New Brunswick, 1993.
48. "Laser Therapy of Port Wine Stains" Saint John Regional Hospital Women's Axillary, Saint John, New Brunswick, 1993.
49. "Skin Lesions, Diagnosis and Management" Sussex Community Health Center Physicians, Sussex, New Brunswick, 1993.
50. "Leg Ulcers" Saint John Regional Hospital Wound Care Seminar, Saint John, New Brunswick, 1994.
51. "Pearls of San Diego" Atlantic Society of Plastic Surgeons" Saint John, New Brunswick, November 1994.
52. "Skin Cancer and Wound Healing" Saint John Regional Hospital School of Nursing, Saint John, New Brunswick, 1994.
53. "Breast Reconstruction" Saint John Regional Hospital Recovery Room Nurses, Saint John, New Brunswick, 1994.
54. "Skin Cancer and Wound Care" Saint John Regional Hospital School of Nursing, Saint John, New Brunswick, 1995.
55. "Lasers" Saint John Regional Hospital Recovery Room Nurses, Saint John, New Brunswick, 1995.
56. "Burns" Emergency Medical Services, Saint John, New Brunswick, May 1995.
57. "Lasers" Dalhousie University Plastic Surgery Residents, Halifax, Nova Scotia, November 1996.
58. "Third World Surgery, Mombassa Kenya" Saint John Regional Hospital Surgical Grand Rounds, Saint John, New Brunswick, 1996.
59. "Third World Surgery in Kenya and Philippines" Saint John Regional Hospital Burn Unit Nurses, Saint John, New Brunswick, 1997.
60. "Plastic Surgery/Anesthesia in Third World Countries" Atlantic Anesthesia Society, Saint John, New Brunswick, September 1997.

61. “Recent Advances in Plastic Surgery” Atlantic Anesthesia Society, Saint John, New Brunswick, September 1997.
62. “MRSA” Saint John Regional Hospital Region 2 Board of Directors, Saint John, New Brunswick, March 23, 1998.
63. “Pearls Learned From Volunteer Reconstructive Work in Asia, Africa and South America” Canadian Society of Plastic Surgeons, Victoria, British Columbia, May 1998.
64. “Operation Smile: Recycling Unused Medical Supplies from New Brunswick Hospitals to Developing Country Hospitals” Saint John Y’s Men, Saint John, New Brunswick, March 22, 1999.
65. “The No Vertical Scar Breast Reduction, A Good Alternative to the T-Scar Inferior Pedicle Breast Reduction” Canadian Society of Plastic Surgeons, Montreal, Quebec, June 1999.
66. “Management and Outcome of Initially Treated Burn Injuries in Developing Countries” Saint John Regional Hospital Emergency Medical Services, Saint John, New Brunswick, October 15, 1999.
67. “Plastic Surgery and the Airway” Saint John Regional Hospital Anesthesia Rounds, Saint John, New Brunswick, November 25, 1999.
68. “A New Bone Clamp, the Transverse Dynamic Compression Bone Clamp” Canadian Society of Plastic Surgeons, Winnipeg, Manitoba, June 10, 2000.
69. “Splinting of the Hand” Canadian Association of Emergency Physicians, Saint John, New Brunswick, June 14, 2000.
70. “Pearls from the New York “Cutting Edge” Aesthetic Meeting: Current Status of the No Vertical Scar Breast Reduction” Atlantic Society of Plastic Surgeons, Halifax, Nova Scotia, November, 2000.
71. “Tattooing” Atlantic Society of Plastic Surgeons, Halifax, Nova Scotia, November 2000.
72. “Free Flap Monitoring Using an Implantable Doppler Probe” Canadian Society of Plastic Surgeons, Jasper, Alberta, June 6, 2001.
73. “Applying Facelift Principles to Breast Reduction to Optimize Peri-areolar Scars” Canadian Society of Plastic Surgeons, Jasper, Alberta, June 7, 2001.

74. "Infection Rates in Early versus Late Tendon Repairs" Canadian Society of Plastic Surgeons, Jasper, Alberta, June 7, 2001.
75. "Drill Free Suture Anchors for Use in Hand Surgery" Canadian Society of Plastic Surgeons, Jasper, Alberta, June 8, 2001.
76. "Accutrak Screw Fixation in Hand and Wrist Fractures" Atlantic Society of Plastic Surgeons, St. John's, Newfoundland, November 17, 2001.
77. "Management of Hand Problems in the ER" Sussex Community Health Center, Sussex, New Brunswick, December 12, 2001.
78. "Melanoma and Skin Cancer" Sussex Community Health Center, Sussex, New Brunswick, February 18, 2002.
79. "Acute Nursing Care in the Burn Patient" Saint John Regional Hospital Burn Unit Nurses, Saint John, New Brunswick, April 25, 2002.
80. "Proactive Medicine" Saint John Regional Hospital Can Meds Lecture, Saint John, New Brunswick, April 29, 2002.
81. "The Rule of Nines" Saint John Regional Hospital Trauma Surgery Symposium, Saint John, New Brunswick, May 5, 2002.
82. "Burn Management" Saint John Regional Hospital Trauma Surgery Symposium, Saint John, New Brunswick, May 5, 2002.
83. "Hand Trauma and Microsurgery" Saint John Regional Hospital Trauma Surgery Symposium, Saint John, New Brunswick, May 5, 2002.
84. "Adrenaline with Xylocaine in the Fingers and Hand: Routine Use in Almost Every Case for One Year" Canadian Society of Plastic Surgeons, Saint John, New Brunswick, June 2002.
85. "The Dalhousie Project" Atlantic Society of Plastic Surgeons, Halifax, Nova Scotia, September 21, 2002.
86. "Carpal Tunnel Syndrome and the Workman's Compensation Board" Atlantic Society of Plastic Surgeons, Halifax, Nova Scotia, September 21, 2002.
87. "Current Issues of Pediatric Plastic Surgery" Saint John Regional Hospital Pediatric Grand Rounds, Saint John, New Brunswick, January 22, 2003.
88. "Health Advocacy" Saint John Regional Hospital Can Meds Lecture, Saint John, New Brunswick, March 10, 2003.

89. "How Long Does It Take Phentolamine to Reverse the Vasoconstrictive Effect of Adrenaline in the Hand and Finger?" Canadian Society of Plastic Surgeons, Whistler, British Columbia, June 2003.
90. "Why Do Free Flap Vessels Thrombose?" Canadian Society of Plastic Surgeons, Whistler, British Columbia, June 2003.
91. "Carpal Tunnel Syndrome and the Workman's Compensation Board" Canadian Society of Plastic Surgeons, Whistler, British Columbia, June 2003. (Poster Presentation)
92. "Current Trends in Burn Management around the World" Canadian Association of Burn Nurses, Charlottetown, Prince Edward Island, September 2003.
93. "Tendon Transfer and Flexor Tendon Repair Under Pure Local Anesthesia without Tourniquet: Advantages and Observations" Atlantic Society of Plastic Surgeons, Fredericton, New Brunswick, September 14, 2003.
94. "No Vertical Scar Breast Reduction" Canadian Society for Aesthetic Plastic Surgeons, *Live Surgery*, Toronto, Ontario, October 3-5, 2003.
95. "Hand and Wrist Trauma" Saint John Regional Hospital Emergency Medicine, Saint John, New Brunswick, January 31, 2004.
96. "Where We Have Been, Where We Are, and Where We Are Headed" Royal College of Physicians and Surgeons of Canada Specialty Examinations, Ottawa, Ontario, April 23, 2004.
97. "Creating Royal College Written Exam Questions" Canadian Society of Plastic Surgeons, Hamilton, Ontario, June 3, 2004.
98. "The Six Most Important Lesson I Have Learned in Cleft Lip repair While Watching and Performing the Operation in 13 Countries From 1996 – 2003" Canadian Society of Plastic Surgeons, Hamilton, Ontario, June 3, 2004.
99. "How Long Does It Take the Brain to Learn the Extensor Indicis to Extensor Pollicis Longus Tendon Transfer?" Canadian Society of Plastic Surgeons, Hamilton, Ontario, June 3, 2004.
100. "Volunteer Surgery Missions" Ohio National Financial Services, Quebec City, Quebec, July 24, 2004.
101. "Functional Eyelid Reconstruction" Atlantic Society of Plastic Surgeons, Digby, Nova Scotia, September 25, 2004.

102. "3150 Cases of Injection of Adrenaline into the Finger and Hand" Atlantic Society of Plastic Surgeons, Digby, Nova Scotia, September 26, 2004.
103. "Epinephrine in the Hand, Surprising Historical Findings" Atlantic Society of Plastic Surgeons, Digby, Nova Scotia, September 26, 2004.
104. "How Sterile are Non-sterile Dressings?" Atlantic Society of Plastic Surgeons, Digby, Nova Scotia, September 26, 2004.
105. "Breast Reconstruction Practices in Canada" Atlantic Society of Plastic Surgeons, Digby, Nova Scotia, September 26, 2004.
106. "Perforator Assisted Flaps for Coverage of Pilonidal Sinus Disease" Atlantic Society of Plastic Surgeons, Digby, Nova Scotia, September 26, 2004.
107. NBCCSJ Graduating Class, Guest Speaker, Saint John, New Brunswick, December 16, 2004.
108. "Free Flap Monitoring" Saint John Regional Hospital Burn Unit Nurses, Saint John, New Brunswick, February 2, 2005.
109. "Breast Reconstruction" St. Joseph's Hospital Breast Health Unit, Saint John, New Brunswick, March 7, 2005.
110. "Treatment of a Chronic Pilonidal Sinus Wound with Local Perforator-Assisted Transposition Flap" Canadian Society of Plastic Surgeons, Nanaimo, British Columbia, June 8, 2005.
111. "Dalhousie Project Clinical Phase: Incidences of Infarction and Phentolamine Rescue in 1770 Hand and 1340 Finger Injections with Adrenaline" Canadian Society of Plastic Surgeons, Nanaimo, British Columbia, June 9, 2005.
112. "Randomized Double Blinded Comparison of Duration of Anesthesia Between Three Commonly Uses Agents in Digital Nerve Block" Canadian Society of Plastic Surgeons, Nanaimo, British Columbia, June 10, 2005.
113. "Sterile versus Non-Sterile Clean Dressing" Canadian Society of Plastic Surgeons, Nanaimo, British Columbia, June 2005. (Poster Presentation)
114. "Practical Dog Psychology Lessons Learned with Rescue Labs" Canadian Society of Plastic Surgeons, Nanaimo, British Columbia, June 11, 2005.
115. "Wide Awake Approach to Hand Surgery" Atlantic Society of Plastic Surgeons, Moncton, New Brunswick, September 17, 2005.

116. "Closure of Fasciotomy Defects" Saint John Regional Hospital Grand Rounds, Saint John, New Brunswick, November 22, 2005.
117. "Motivational Lines for Weight Loss in Overweight and Obese Patients" Simply for Life Nutritionists, Saint John, New Brunswick, May 27, 2006.
118. "The Plastic Surgeon as A Health Advocate" Canadian Society of Plastic Surgeons, Quebec City, Quebec, June 15, 2006.
119. "International Hand Surgery" MANUS Canada, Quebec City, Quebec, June 15, 2006.
120. "Extensor Indicis to Extensor Pollicis Longus Tendon Transfers" Canadian Society of Plastic Surgeons, Quebec City, Quebec, June 15, 2006.
121. "Radiation Delivery with the Xi Scan Fluoroscope" Canadian Society of Plastic Surgeons, Quebec City, Quebec, June 2006. (Poster Presentation)
122. "Volunteer Plastic Surgery in 15 Countries-Share the Adventure" Maritech Association, Saint John, New Brunswick, October 27, 2006.
123. "The Wide-Awake Approach to Hand Surgery – Practical Details" Canadian Society of Plastic Surgeons, Banff, Alberta, June 1, 2007.
124. "Percutaneous K-Wire Fixation Following Gillies Elevation in the Treatment of Simple Zygoma Fractures" Canadian Society of Plastic Surgeons, Banff, Alberta, June 1, 2007.
125. "Practice Profiles in Reduction Mammoplasty: A Survey of Canadian Plastic Surgeons Including Cost Differences in Day Surgery versus In-Patient Breast Reduction Canada" Canadian Society of Plastic Surgeons, Banff Alberta, June 1, 2007.
126. "The Plastic Surgeon as A Communicator" Canadian Society of Plastic Surgeons, Banff, Alberta, June 2, 2007.
127. "A Detailed Cost and Efficiency Analysis of Performing Carpal Tunnel Surgery in the Main Operating Room versus the Ambulatory Setting in Canada" Canadian Society of Plastic Surgeons, Banff, Alberta, June 2, 2007.
128. "Details That Make Eyelid Reconstruction Easier and Better in My Hands" Canadian Society of Plastic Surgeons, Banff, Alberta, June 3, 2007.
129. "Breast Reconstruction" St. Joseph's Hospital Breast Health Unit, Saint John, New Brunswick, March 19, 2008.

130. "Early Protected Movement for Hand Fractures" Canadian Society of Plastic Surgeons, St. John's, Newfoundland, June 26, 2008.
131. "Keeping the Pain of Local Anesthetic Injection to a Minimum for Wide Awake Hand Surgery" Canadian Society of Plastic Surgeons, St. John's, Newfoundland, June 26, 2008.
132. "Wide Awake Approach to Dupuytren's Disease; Fasciectomy under Local Anesthesia with Epinephrine and No Tourniquet" Canadian Society of Plastic Surgeons, St. John's, Newfoundland, June 27, 2008.
133. "Research in Wide Awake Hand Surgery at Dalhousie" Dalhousie University Residents and Faculty, Halifax, Nova Scotia, October 24, 2008.
134. "General Plastic Surgery Pearls" Quebec Society of Plastic Surgeons, Mount Tremblant, Quebec, March 21, 2009.
135. "Eyelid Reconstruction" Quebec Society of Plastic Surgeons, Mount Tremblant, Quebec, March 21, 2009.
136. "Flexor Tendon Injuries" Quebec Society of Plastic Surgeons, Mount Tremblant, Quebec, March 21, 2009.
137. "Consultation with the Obese or Overweight Patient Who Requests Plastic Surgery" Canadian Society of Plastic Surgeons, Kelowna, British Columbia, June 17, 2009.
138. "Suture Bunching in Flexor Tendon Repair: An Avoidable Cause of Gapping and Rupture?" Canadian Society of Plastic Surgeons, Kelowna, British Columbia, June 18, 2009.
139. "Good Post Operative Pain Management Advice for Patients" Canadian Society of Plastic Surgeons, Kelowna, British Columbia, June 18, 2009.
140. "Conservative Management of Orbital Floor Fractures, Less is More" Canadian Society of Plastic Surgeons, Kelowna, British Columbia, June 19, 2009.
141. "The Hyperthermic Effect of a Forearm Nerve Block on the Hand" Canadian Society of Plastic Surgery, Kelowna, British Columbia, June 19, 2009. (*Poster Presentation*).
142. "Wide Awake Hand Surgery" Trauma Grand Rounds, Saint John Regional Hospital, Saint John, New Brunswick, September 30, 2009.
143. "Wide Awake Hand Surgery" Atlantic Society of Plastic Surgeons, Charlottetown, Prince Edward Island, October 3, 2009.

144. "Early Protected Movement and Other Ways to Get Good Results for Finger Fractures" Atlantic Society of Plastic Surgeons, Charlottetown Prince Edward Island, October 3, 2009.
145. "How Acidic is the Lidocaine You Are Injecting?" Canadian Society of Plastic Surgeons, Halifax, Nova Scotia, June 18, 2010.
146. "Breast Reconstruction and Radiation Therapy: A Canadian Perspective" Canadian Society of Plastic Surgeons, Halifax, Nova Scotia, June 18, 2010.
147. "Is It True That Injecting Palmar Finger Skin Hurts More Than Dorsal Skin? New Level One Evidence" Canadian Society of Plastic Surgeons, Halifax, Nova Scotia, June 18, 2010. (*Poster Presentation*).
148. "Caffeine Restriction in Microsurgery: 2010 Survey of Canadian Centers" Canadian Society of Plastic Surgeons, Halifax, Nova Scotia, June 18, 2010. (*Poster Presentation*).
149. "Wide Awake Hand Surgery" Canadian Society of Hand Therapists, Vancouver, British Columbia, April 30, 2011.
150. "Comparison of the Sensory Modality Effects of Bupivacaine: A Level One Study" Atlantic Society of Plastic Society, Fox Harbor, Nova Scotia, October 1, 2011.
151. "The Effect of Buffering on Duration of Lidocaine Effect in Local Anesthesia for the Face" Atlantic Society of Plastic Surgeons, Fox Harbor, Nova Scotia, October 1, 2011.
152. "How to do Needle Aponeurotomy for Dupuytren's and Why I Like it Better than Surgery" Atlantic Society of Plastic Surgeons, Fox Harbor, Nova Scotia, October 1, 2011.
153. "How Much Sodium Bicarb Do You Need to Neutralize Lidocaine?" Atlantic Society of Plastic Surgeons, Fox Harbor, Nova Scotia, October 2, 2011.
154. "The Patient's Prospective on Carpal Tunnel Surgery Related to the Type of Anesthesia" Atlantic Society of Plastic Surgeons, Fox Harbor, Nova Scotia, October 2, 2011.
155. "Refinements in Flexor Tendon Repair for Consistently Lower Rupture and Tenolysis Rates" Atlantic Society of Plastic Surgeons, Fox Harbor, Nova Scotia, October 2, 2011.

156. "Teaching Local Anesthetic Injections to Medical Students and Residents: Can Learners Administer it Painlessly?" Atlantic Society of Plastic Surgeons, Fox Harbor, Nova Scotia, October 2, 2011.
157. "How Saint John Research in Plastic and Reconstructive Surgery has Improved Patient Care" University of New Brunswick Saint John Campus, Saint John, New Brunswick, March 23, 2012.
158. "Comparison of the Sensory Modality Effects of Bupivacaine Digital Nerve Blocks with and without Epinephrine: A Level I Study." Canadian Society of Plastic Surgeons, Toronto, Ontario, June 8, 2012.
159. "The Patient's Perspective on Carpal Tunnel Surgery Related to the Type of Anesthesia" Canadian Society of Plastic Surgeons, Toronto, Ontario, June 8, 2012. (*Poster Presentation*)
160. "Breast Reconstruction Awareness" Horizon Health Network, Saint John, New Brunswick, October 17, 2012.
161. "Canadian Journal of Plastic Surgery How to Get a Paper Accepted" Canadian Society of Plastic Surgeons, Calgary, Alberta, May 31, 2013.
162. "Assessing Patient Safety in Canadian Ambulatory Surgical Facilities: A National Survey" Canadian Society of Plastic Surgeons, Calgary, Alberta, June 1, 2013.
163. "The Natural History of Un-Operated Non-Scissoring Spiral Metacarpal Fractures" Canadian Society of Plastic Surgeons, Calgary, Alberta, June 1, 2013.
164. "How Long Should We Wait to Cut After Injecting Epinephrine? A Level I Evidence Study" Canadian Society of Plastic Surgeons, Calgary, Alberta (*Poster Presentation*).
165. "Fracture Management" Canadian Society of Hand Therapists, Halifax, Nova Scotia, May 3, 2014.
166. "Xiaflex for Dupuytren's Contracture" Canadian Society of Plastic Surgeons, Montreal, Quebec, June 21, 2014.
167. "Xiaflex and Current Approach to Dupuytren's Contracture" Atlantic Society of Plastic Surgeons, Fredericton, New Brunswick, September 13, 2014.
168. "Things That You Should Know About Local Anesthesia That You May Not Know" Atlantic Society of Plastic Surgeons, Fredericton, New Brunswick, September 13, 2014.

169. “Why I Never (*ever again*) Want to Do a Flexor Tendon Repair in a Sedated or Motor Blocked Patient” Atlantic Society of Plastic Surgeons, Fredericton, New Brunswick, September 14, 2014.
170. “Things All Doctors Should Know About Local Anesthesia” Dalhousie Medical School, Saint John, New Brunswick, November 5, 2014.
171. “Things All Doctors Should Know About Local Anesthesia” Internal Medicine Residents, University of New Brunswick Medical School, Saint John, New Brunswick, November 17, 2014.
- 172.. “Things All Doctors Should Know” Dalhousie Medical School New Brunswick, Saint John, New Brunswick, December 10, 2014.
173. “Things All Emergency Room Nurses Should Know” Saint John Regional Hospital, Saint John, New Brunswick, February 4, 2015.
174. “Xiaflex 2015” National Xiaflex Advisory Board Meeting, Toronto, Ontario, March 27, 2015.
175. “Achieving the Optimal Epinephrine Effect with Local Anesthesia in Hand Surgery” Canadian Society of Plastic Surgeons, Victoria, British Columbia, June 5, 2015.
176. “Things Young Plastic Surgeon’s Should Probably Know and May Not” Canadian Society of Plastic Surgeons, Victoria, British Columbia, June 5, 2015.
177. “How Saint John Research is Changing hand surgery in the World” Saint John Regional Hospital Foundation, Saint John, New Brunswick, February 3, 2016.
178. “How Many Trigger Fingers Get Better Without Treatment?” Canadian Society of Plastic Surgeons, Ottawa, Ontario, June 16, 2016.
179. “Elective Daytime Hours Minor Hand Trauma Surgery in Clinic” Canadian Society of Plastic Surgeons, Ottawa, Ontario, June 14, 2016.
180. “Wound and Hand Trauma Management” Saint John Regional Hospital Emergency Department Grand Rounds, Saint John, New Brunswick, October 11, 2016.
181. “Current Approaches to Manage Dupuytren’s Contracture” Dalhousie University, Donald Lalonde Visiting Professor Day, Halifax, Nova Scotia, May 27, 2017.

182. "Solving Boutonniere, PIP Extensor Lag and Hand Pain Problems with Relative Motion Splinting" Canadian Society for Surgery of the Hand, Winnipeg, Manitoba, June 21, 2017.
183. "New Developments in Plastic Surgery That You Should Know and May Not" Atlantic Society of Plastic Surgeons" White Point, Nova Scotia, September 23, 2017.
184. "Cosmetic Surgery" New Brunswick Medical Society, Sussex, New Brunswick, May 15, 2018.
185. "New Developments in Flexor Tendon Repair and Rehabilitation, Consistently Getting Good Results" Canadian Society for Hand Surgery, Jasper, Alberta, June 19, 2018.
186. "Secondary Healing of Hand Wounds" Canadian Society for Hand Surgery, Jasper, Alberta, June 19, 2018.
187. "Intraoperative Patient Education to Decrease Complications" Canadian Society of Plastic Surgeons, Jasper, Alberta, June 20, 2018.
188. "Masters of Disasters" *panel* Canadian Society of Plastic Surgeons, Jasper, Alberta, June 20, 2018.
189. "Game of Skin and Bones" *panel* Canadian Society of Plastic Surgeons, Jasper, Alberta, June 20, 2018.
190. "Wound Management and Suturing of Wounds" Dalhousie University Medical Students, Saint John, New Brunswick, September 7, 2018.
191. "How Minimal Pain Local Anesthesia Injection, WALANT and Evidence Based Sterility are Moving Surgery Out of the Main Operating Room and Into Ambulatory Clinics in Canada" Canadian Association of Ambulatory Care Conference, Charlottetown, Prince Edward Island, May 30, 2019.
192. "Avoiding and Solving PIP Problems After Trauma and Surgery" Canadian Society for Surgery of the Hand, St. John's, Newfoundland, June 25, 2019.
193. "The Future of CSSH" Canadian Society for Surgery of the Hand, St. John's, Newfoundland, June 25, 2019.
194. "Four Finger WALANT One Stage Superficialis Tendon Grafts and Reviving A2 Pulleys from Scar Tissue in a 6 Month Old Machete Injury" Canadian Society of Plastic Surgeons, St. John's, Newfoundland, June 26, 2019.

GUEST OBSERVERS TO SAINT JOHN

1. Dr. Sonya Paisley Agnew, Chicago USA 2009
2. Dr. Charlie Eaton, Miami USA 2009
3. Dr. Luca Devalle, Bergamo Italy 2010
4. Dr. Sarah Al Youha, Kuwait City Kuwait 2011
5. Dr. Line Lied, Trondheim Norway 2011
6. Ms. Randi Sand, Trondheim Norway 2011
7. Dr. Luca Devalle, Bergamo Italy 2012
8. Dr. Zaari Jabiri Mohammed, Montreal Canada 2012
9. Dr. Elisabet Hagert, Stockholm Sweden 2012
10. Dr. Gregory Buncke, San Francisco USA 2013
11. Dr. Julie Adams, Minneapolis USA 2013
12. Dr. Mario Yoshihide Kuwae, Santa Isabel Brazil 2013
13. Dr. Matthew Anderson, Sioux Falls USA 2013
14. Dr. Robert Vandenmark, Sioux Falls USA 2013
15. Ms. Julie Wetering, Sioux Falls USA 2013
16. Dr. Paul Sagiv, Tel Aviv Israel 2013
17. Dr. Cecil Aird, Kingston Jamaica 2014
18. Dr. Ali Philips Hampton, United Kingdom 2014
19. Dr. Nik Jagodzinski, Oxford United Kingdom 2014
20. Dr. Marco de Barros, Valadares Brazil 2014
21. Dr. Brian Jurbala, Tampa USA 2014
22. Dr. Blaine Sessions, Philadelphia USA 2015
23. Dr. Gilles Candelier, Caen France 2015
24. Dr. Heechan Ahn, Seoul Korea 2015
25. Dr. Shalimar Abdullah, Kuala Lumpur Malaysia 2015
26. Dr. Osman Saani, Kumasi Ghana 2016
27. Dr. Jeffery Yao, San Francisco USA 2016
28. Dr. Kunji Desai, San Antonio USA 2016
29. Dr. William Knaus, Boston USA 2016
30. Dr. Colin de Cheveigne, Toulouse France 2016
31. Dr. Giovanna Petrella, Modena Italy 2016
32. Dr. Valerie Nunez, United Kingdom 2017
33. Dr. Simon Bindelle, Brussels Belgium 2017
34. Dr. Pridip Joshi, United Kingdom 2017
35. Dr. Rebecca Francis, United Kingdom 2017
36. Dr. Timothy Pepall, United Kingdom 2017
37. Dr. Matthew Ricks, United Kingdom 2017
38. Dr. Nicholas Thumm, Chile 2017
39. Dr. Renata Pedra, Brazil 2017
40. Dr. Wilson Huang, Brazil 2017
41. Dr. Kyra Sierakowski, Australia 2017

42. Dr. Celso Folberg, Brazil 2017
43. Dr. Jairo Alves, Brazil 2017
44. Dr. Daniel Morritt, United Kingdom 2017
45. Dr. Simonetta Odella, Italy 2018
46. Dr. Rafael Saleme, Alves Brazil 2018
47. Dr. Caio Pina, Brazil 2018
48. Dr. Youssra Marjoua, Boston USA 2018
49. Dr. Juan Pablo Shupis, Madrid Spain 2018
50. Dr. Xavier Gueffier, Lyon France 2018
51. Ms. Peggy Marque, Normandy France 2018
52. Dr. Christina Lemanczyk, Leer Germany 2018.
53. Dr. Jennifer Hicks, Auckland New Zealand 2018.

VISITING PROFESSORS TO SAINT JOHN

Dr. Steven Kroll	Houston Texas	1999
Dr. Timothy Miller	Aliso Viejo California	2000
Dr. Foad Nahai	Atlanta Georgia	2001
Dr. John McCraw	Jackson Mississippi	2003
Dr. James May Jr.	Boston Massachusetts	2004
Dr. Ian Jackson	Detroit Michigan	2005
Dr. Frederick Menick	Tuscon Arizona	2006
Dr. Wyndell Merritt	Richmond Virginia	2007
Dr. Bahman Guyuron	Cleveland Ohio	2008
Dr. Bruce Bauer	Chicago Illinois	2009
Dr. James Stuzin	Miami Florida	2010
Dr. Elisabet Hagert	Stockholm Sweden	2012
Dr. Glenn Jelks	New York New York	2013
Dr. Elizabeth Jelks	New York New York	2013
Dr. Peter Neligan	Seattle Washington	2014

